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Wallerawang Public School Newsletter



March 5 2014 Term 1 Week 6

What's On? When?

**School
Assembly**
Fri 7/3 — 9:10am
All welcome!

**Uniform Shop
opens**
TUESDAYS
2:00—3:30pm

**Lithgow District
Basketball Trials**
Thursday 6/3
1pm Stadium

**Western Area
Swimming
Carnival Dubbo**
Friday 7/3

P&C AGM
Monday 17th
March 7pm

**Lithgow High
School Science
Visit**
Thursday 20th
March

Dear Parents and Carers,

The weeks seem to quickly pass by. The change in weather & the consistent rain has certainly added new growth. It is amazing to see the change in the countryside.

Reg Cowden Awards

On Friday night our boy's state quarter final touch football team were presented with their trophy for the month of October. It was wonderful to see the majority of boys from last year both ex-students & existing in attendance. I continue to be so impressed & proud of our students & how they conduct themselves and they have certainly deserved the on-going recognition that they have received for their accomplishments. Congratulations and well done Boy's Touch Football Team 2013.

Congratulations also to Pacey Stockton who received the Mac Scott Memorial all-rounder award for his achievement in Rugby League during his last year of Primary School, another well-deserved recognition. Pacey has also just been selected in the under 14's Hornets touch football team which covers the whole of the Hunter and Western Regions. Pacey went through rigorous trials & games to be selected from over 400 boys. Well done Pacey!

This was another well organised event to recognise our sporting youth, seniors & those that commit tirelessly to ensure that sporting opportunities happen.

Class Structures and Staffing

I have been given approval to create a 12th class on our current numbers of 287. This will mean that a demountable will need to be brought in the school & equipped. We are hoping that this process will be finalised to begin term 2. This will create 6 classes across 3-6, 3 in stage 2 and the same in stage 3. I have also been granted approval for this position to remain temporary for the 2014 school year. Ms Gurney will move into stage 2 as the 3rd stage 2 teacher, with Mr Campling, Mrs Pangas & Ms Foster. Mrs Quinn will move into stage 3 with Mrs Fraser & Ms Graham. Changes will be communicated to you as they directly affect your child, but we will try & keep disruptions to a minimum. For the remainder of this term Miss Gurney will work across the primary classes. Miss Lang will be employed full time in both Reading Recovery & Learning & Support, with Mrs Jenkins working 3 days a week in the role of Release from Face to Face & Learning & Support. Mrs Fraser will be released on a Friday to work across the school as an English facilitator, with Mrs Nancarrow working on computer technology for 32 weeks in the year. We are extremely lucky to have the level of support & teacher expertise at Wallerawang.

Thank you in anticipation of your support as we finalise roles across the school. If you have any questions in regards to this please do not hesitate to talk to a member of staff.

Mr Harvey's School Visit

Today we welcomed Mr Harvey to our school as part of Principal review procedures. He was able to meet with our school leaders for the 2014 school year. It is always a pleasure to have Mr Harvey visit and to share with him the exciting initiatives and programs being implemented across the school. He was then able to join school staff for lunch and make a special presentation of a service award to Mrs Van Der Velden.

Lithgow District Basketball Trials

Mr Campling will coordinate the Lithgow PSSA basketball trials on Thursday 6th March at 1pm in the stadium. Children from the Lithgow district schools will have an opportunity to trial and be selected for the next level where they compete for selection in a Western Region basketball team. Good luck to the following Wang students trialling tomorrow.

Western Swimming Trials

Mrs Fraser will accompany the Lithgow PSSA team to the Western Region swimming trials in Dubbo on Friday. Congratulations and good luck to the following students: Bailey Brown, Ben Seymour, Wade Fraser, Monique Gearside, Piper Woolsey, Tylah Piggott and Ethan Holder who will try their hardest and represent their school with pride. It is a great achievement for these students and we are proud of their efforts.

Cullen Bullen Hall – 100 Year Anniversary

On Saturday Cullen Bullen Hall will celebrate 100 years since its construction. A day of activities is planned. Thank you to Wallerawang students Brydie Zorz and Madison Burns who will present the acknowledgement of country & sing to the large crowd in attendance. It is wonderful to see our students & families will-

ingness to support events beyond our own community & display their talents. I know that a small committee have worked hard to pull this together and I hope all goes well for them on the day.

PSSA Tennis Team

Sport has started in earnest with the PSSA competition for Wallerawang starting with tennis. Last year was the first year we decided to return Wang to the tennis circuit. The tennis team consists of Dylan Walsh, Ethan Van Der Velden, Katahna Woolsey and Brooke Lewis who will play Lithgow Primary on Monday 10th March. Dylan and Ethan having played on last year's competition will have an extra years' experience under their belt to support the girls. Thank you to Mrs Walsh for sharing her expertise and training the team.

Western Region Tennis Trials

On Tuesday Mrs Walsh will accompany Dylan and Ethan to the Western Region tennis trials in Bathurst. Good luck to these two young tennis players who I am sure will have a fun day and represent their school with pride.

School Music Program

I have had the pleasure to see how music is operating across the school now with a refined program and enthusiastic students and staff. It was very encouraging to see the number of children wanting to participate in both the primary & infants choir under the guidance of Miss Gurney & Ms Fahey. I was also very impressed with the talent and enthusiasm of the instrumental group who after only a couple of weeks lessons with Mr Campling were able to perform a piece for me. I know Ms Graham is currently calling for recorder names. Congratulations & thank you to all staff who have embraced our new music focus.

School Attendance

School attendance is compulsory. When students are absent from school please ensure that a follow up note of explanation is sent into the classroom. It is important that absences are justified.

School Canteen

I wish to thank the canteen committee led by Debbie Holder and Sharon Rushworth for the time & effort that they have committed to ensure healthy food guidelines are followed. I was able to enjoy pancakes on Tuesday along with the rest of the school. Thank you to all the volunteers who continually support the canteen & are willing to give their time. You are appreciated & your work does not go unnoticed.

Education is the key to unlock the golden door of freedom.

George Washington Carver

Have a great week.

Jenny Lamborn

Library

Some classes now have a new Library lesson day.

1/2 F—Monday

1/2 G—Tuesday

4/5 Q—Tuesday

3/4 P—Thursday

The remaining classes are still on their original day.

Monday	Tuesday	Wednesday	Thursday
1/2 F	1/2 G	3/4 C	3/4 P
1/2 B	1/2 K	5/6 G	
KR	4/5 Q		
5/6 F			



National Ride2School Day

Wednesday 19 March 2014 marks the eighth

National Ride2School Day, where over 250,000 Australian children, just like yours, will ride and walk to school. It is a day about celebrating riding and walking and encouraging everyone to give it a go!

Not only is riding and walking a fun way to get to school, but it also contributes to your children's daily physical activity needs.

Although some of you live far away, or have conflicting commitments that makes it difficult to ride and walk every day, even going by bike or foot for part of the way, or on some of the days is still great!

Be part of the fun and pop National Ride to School Day in your calendar now.

For more information visit ride2school.com.au

Lithgow Nanna's Touch A.S.D Support

Coffee/Chat Get-Together

To be held at the Lithgow Library

2nd Tuesday of each month. 10am -12pm

Next meeting 11th March

For families affected by Autism or special needs.

lithgownannastouchasd@gmail.com

facebook @ Lithgow Nanna's Touch ASD Support.

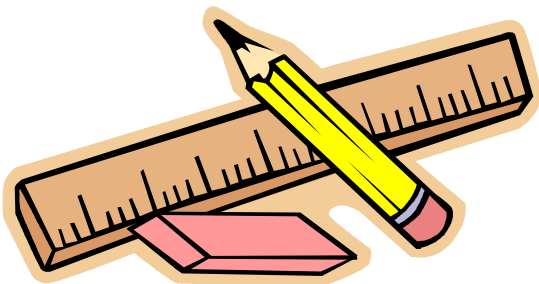
0409 765 601

Gold coin donation appreciated to cover all costs.

Life in 5/6G

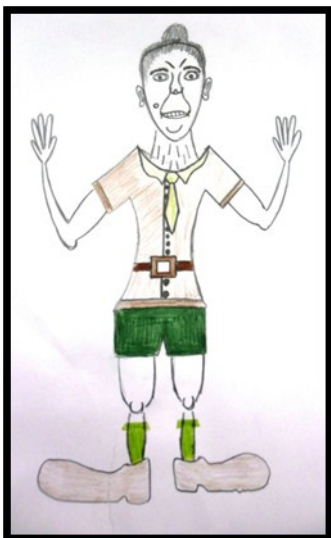
This term we have started the new school year well. We are currently learning about character traits, gold mining and later in the term we will be travelling to a gold mining site. As of this Wednesday, Thursday we are also writing character traits about characters we are inventing. We also have a new boy in our class his name is Lachlan Andrews and he has settled in very well.

Written by
Kyle, Sam, Nick
and Lachlan

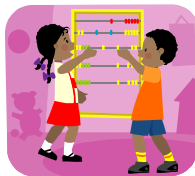
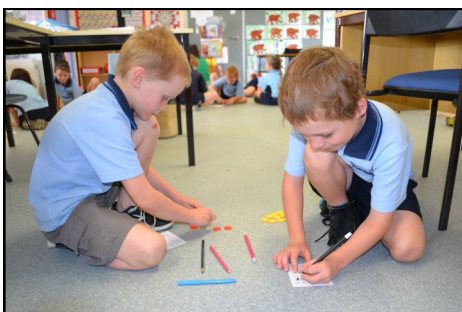
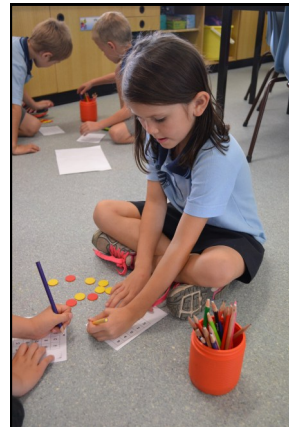
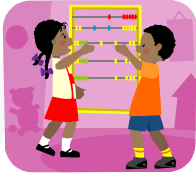


Our Trunchbull Caricatures

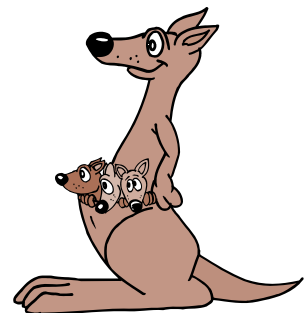
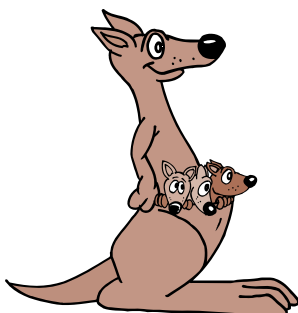
Miss Trunchbull is a character
From Roald Dahl's Matilda



Maths in 1/2K with Miss Foster



Assembly Week 5



School Website

Have you visited our school website yet?

A new tab has been added called "Permission and Info notes". Within this tab permission notes and information notes will be attached throughout the year as events occur, which can be downloaded at any time. Updated information within the "Home" tab includes the new uniform policy and order form. The school newsletter is also placed on the website every week and is nice to view in colour!

www.wallerawan-p.schools.nsw.edu.au

P&C News

The AGM will be held on Monday 17th March at 7pm in the school Library.

Chocolate Boxes

There are extra boxes available to families who can sell more chocolates. The boxes you already have must be paid for before taking another. Only 1 box will be given out at a time. The return date is Wednesday 26th March. Thankyou

Canteen News

The canteen has apples, watermelon, oranges and pears available for 50 cents.
English Muffins topped with ham & grilled cheese for 60 cents will be available for recess on Thursday.

The students enjoyed Pancakes yesterday. Thank you to all our canteen volunteers Kim Gunnulson, Kylie Williams, Lorraine Bradford, Debbie Holder, Simone Burns, Sheree Scanlan, Anna Fitzgerald and Sharon Rushworth who helped out for Pancake Day.

Thank you to all the canteen volunteers who attended the meeting to discuss the Healthy School Canteen Strategy guidelines.

A recess menu will start on Monday, 10 March, 2014. Recess Menu

- Mixed fruit kebabs \$0.50
- Watermelon pieces \$0.20
- Small boxes of sultanas \$0.40
- 1/4 toasted sandwich filled with Cheese or baked beans \$0.50
- small 120 ml containers with yoghurt topped with Muesli or fruit/Jelly and fruit/ Strawberry Mousse (Gluten Free) \$0.50

Thank you
Debbie Holder



Healthy Eating Tips for Happy lunch boxes

Sultana Bran in a tub

Tin of corn

Yoghurt pouch



WALLERAWANG SOCCER FC INC

Registration Day	Sunday 9 March 2014 11am to 1pm Wallerawang Bowling Club There will be forms to sign and fees to pay. One day only. Come prepared, or if you can't come, send someone with your authority to register your children and pay fees. First in best dressed for all teams.
Working Bee	Saturday 12 April 2014 From 11am at Marjorie Jackson Fields. We are marking out Fields 9 and 10 next to the houses.
Draws	Available roughly 7 to 10 days before season start
Season Start	First Game 3 May 2014

Fees: Under 6 to Under 9	\$115.00
Under 10	\$120.00
Under 11 - U/ 17	\$125.00
Under 18	\$135.00
19 +	\$185.00

Contacts: Leanne Hammonds, President
6355 5503 Leave a message if phone doesn't answer, I work shifts.
Kate Jameson, Secretary
0458 512 625. Phone will probably be on 'silent' during business hours, but leave a message I'll get back to you.

Coaches and Managers
If you haven't already, register your interest for these positions when registering your children. Your club needs **YOU!!**

Canteen Roster

THURSDAY	6/3	Mel Schindler, T McMillan A Morris
FRIDAY	7/3	S Rushworth, S Scanlan
MONDAY	10/3	S Ward, A Alexander
TUESDAY	11/3	A. Fitzgerald, G Wardle
WEDNESDAY	12/3	A.Star, Carol Chew



Community Announcements



Mu Yeh Taekwondo

Do you want to improve your self-esteem, self-confidence, self discipline and general fitness? Learn the exciting Martial Art and Self-Defence system of Taekwondo! We cater for juniors, seniors, or the whole family! Mu Yeh Taekwondo specialises in street-wise, women's and children's self-defence. Enquire about our Little Dragons class for 4-6 year olds! Also, check out our new Kick-fit fitness Class for adults (no martial arts experience necessary)

After 15 years at Wallerawang, we have now moved to our new fully equipped studio at Portland.

For more information phone Master Instructor Steve Ashbridge, 6th Dan Black Belt, on 0409 305 327. You can also visit our website at: www.muyehtaekwondo.com

Lithgow City Rangers Soccer Club Inc.
Club registration and muster days will be held at the Marjorie Jackson soccer complex for the 2014 season from 3:30pm until 5:30pm on the following dates:
Monday 3/3 and Monday 10/3
Please contact Nigal Lloyd for more information on 63512697 or 0409676019

For Sale

1 size 16 polar fleece school jumper—worn only once! Price \$25—Call Janelle on 0427735963

Pied Piper Preschool Wallerawang

Please visit our website
www.piedpiperpreschool.com.au
or come and see us in person!
Pindari Place
Wallerawang 2845



Playgroup!!

For children aged up to 6yrs

Portland Central School Mon 9:30 - 11:30

Wallerawang Stadium Tue 9:30 - 11:30

Cooperwall School Hall Thur 9:30 - 11:30

Playgroups are FREE!!!!

Bring a piece of fruit, a drink and hat

Playgroups are a great way to meet other parents and develop community networks!

Playgroups are provided by the Family Resource Centre

Phone the Families Worker Angie for more information on services available.

0427 074 066

CULLEN BULLEN PROGRESS ASSOCIATION INVITES YOU TO THE CENTENARY CELEBRATIONS OF THE CULLEN BULLEN HALL

BACK TO CULLEN SATURDAY 8TH MARCH 2014

Commencing at 10am with a Parade

The day will cater for all ages with BBQ and Food stall available

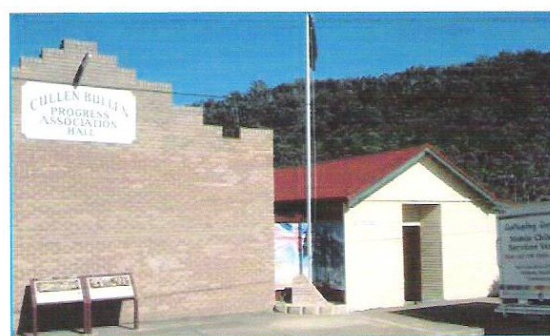
Come meet up with old friends or organise a family reunion

More information can be found at

www.facebook.com/CullenBullenHall

Or

Contact Agnes Tilly 02 63 590 546



Kel Hart Nail Design Qualified Nail Technician

Gloss Creation
11 Main Street
Wallerawang 2845
0439 990 631

www.facebook.com/kelhartnaildesign
kelhartnaildesign@yahoo.com.au

Quintessence Aromatherapy

Nit Wit Nit Kits and Sprays

Nit Wit Hair Lice Treatment Out Wit those Nits!!!!

Headlice have always been a major problem in schools and places where people congregate together. Especially young children who love to get their heads together to share secrets, caps, brushes & combs which result in the spreading of head lice. Lice love clean hair and heads so no-one is immune! Overtime lice has become immune to most of the chemicals used to control them. Fortunately a number of Essential Oils are effective in removing and preventing head lice.

The following guidelines also assist in the killing of nits: remember eggs can lurk in bedding, caps, hooded jackets, hair brushes, combs and scarves. Wash all these thoroughly in hot water, adding Essential Oil of Eucalyptus to the rinse cycle & spraying with Nit Spray once washed and dried. Nits hatch out at 48 hour intervals. This process will have to be repeated every two days until the problem no longer exists.

Discontinue use if irritation occurs

Essential Oils Used:

Lavender, Rosemary,
Tea Tree, Kunzea, Bergamot & Geranium

All Essential
Oils used for their Insect Repellent & Antiseptic
properties.

The natural
shampoo & conditioner base is totally free of any
sulphate
or PEG compounds.

Contact me if
I can be of any further assistance,

Phone Robynne on
0408 411 924 / 63552936

Email: quintessencearomatherapy@hotmail.com



NIT WIT OIL TREATMENT: Massage thoroughly into the hair and scalp; cover with a shower cap and leave on either all day or all night. After this procedure, follow with Nit Wit Shampoo and Nit Wit Conditioner. Whilst hair still wet, comb with a fine tooth comb or nit comb paying particular attention behind and around the ears and the back of the neck. This will help remove the nits. Repeat this process every 2 days for a week, but don't continue oil process on a regular base after that unless re-infestation occurs. Instead use Nit Wit Shampoo and Nit Wit conditioner when washing hair and use Nit Wit Spray daily to help prevent re-infestation.

NIT WIT SHAMPOO: Close eyes to avoid getting shampoo in the eyes. Apply (about as big as 50c piece more if hair longer) to hair. Gently massage scalp & hair paying particular attention around ears and base of hairline. Rinse well. Repeat if necessary; Follow up with Nit Wit Conditioner. Using Nit Wit Spray daily, to prevent re-infestation.

NIT WIT CONDITIONER: Close eyes to avoid getting shampoo in the eyes. Apply (about as big as 50c piece more if hair longer) to hair. Gently massage scalp & hair paying particular attention around ears and base of hairline. Leave in hair for 2-5 minutes. Rinse well. Use Nit Wit Spray daily, to prevent re-infestation.

NIT WIT SPRAY: Helps to stop reinfestation after treatment. Spray on hair daily particularly during outbreaks at school. Pay particular attention to behind the ears & the base of the neck. Always remove any eggs with a fine tooth comb.

Workies Redbacks Muster Days

Two Muster Days for new players will be held for Workies Redbacks Football Club on:

Friday 28/02 4.30 - 6.30pm

Friday 07/03 4.30 - 6.30pm

at Lithgow Workies.

If you were registered in 2013 to play for Workies Redbacks you do not need to attend Muster Days.
More info to follow for Registration Days.

If you have any queries please do not hesitate to contact

Karen Merry Registrar 0437 273 836

Fiona Slater Treasurer 0429 070 471

Lia Jennings Secretary 0407 897 890

Thank you

Workies Committee 2014

Saturday Netball Competition

If there are any girls between the ages of 7-12 interested in playing netball please contact:

Leanne Houlison for ages 7-10 0400 312 197

Denise Nightingale for ages 10-12 0458 239 557

