



77 Barton Avenue
P.O. Box 21
Wallerawang 2845
Ph: 02 63551210
Fax: 02 63557003

Wallerawang Public School Newsletter



March 12 2014 Term 1 Week 7

What's On? When?

**School
Assembly**
Fri 14/3 —9:10am
All welcome!

**Uniform Shop
opens**
TUESDAYS
2:00—3:30pm

**Aboriginal
Performance**
Mon 17/3 - 2pm

**Western
Basketball**
Thurs 20/3

P&C AGM
Monday 17th
March 7pm
Canteen meet-
ing to follow.

**Lithgow High
School Science
Visit**
Thursday 20th
March

Dear Parent/Carers,

The week has started with lovely autumn sunshine. I had the pleasure of attending the 100 year anniversary of the Cullen Bullen Hall on Saturday afternoon with Brydie Zorz and Madison Burns. Brydie was invited to present the acknowledgment of country as part of the official ceremony and Madi gave a lovely rendition of I Still Call Australia Home and I Am Australian. Every time I hear Madi sing these songs I get goose bumps & each time her singing is refined. I know that Madi enjoys singing & is committing time to practice. As a part of Madison's singing ability she will audition for Schools Spectacular. Congratulations and Thank you to Brydie for giving up their Saturday afternoon to be part of a very important celebration for Cullen.

It was interesting to hear member John Cobb, Paul Toole & Mayor Statham and the Cullen Bullen Progress Association talk about their experiences of the local hall. I know that my own dad would talk fondly about following the dance circuit around on a Friday and Saturday night, all of which were held in the local hall. I can clearly remember him telling me that as a young man dressed up to the nines he would follow his sister around these events. They could not afford the price of entry for both so they would swap over during the night so they would get to dance. I am sure there are many stories he didn't tell me of what he got up to, but I know the times spent dancing in the local hall held special memories that he would reminisce about fondly. I am sure you all have stories of celebrations held in the local hall. Congratulations to the small but committed group led by Agnes Tilley from the Cullen Bullen Progress Association.

On Saturday night I enjoyed a Chinese meal from the Starlight restaurant in Wallerawang. The hospitality was great and the food delicious. Thank you Lisa & her family. It is great to see new families come into our town.

Wallerawang PS Western Swimming Team

Congratulations to Monique Gearside, Bailey, Brown, Wade Fraser, Tylah Piggott and Ben Seymour for your efforts at the Western Swimming Trials & thank you to Mrs Fraser for accompanying the team. All these students represented their school with pride as well as gaining some Personal Best times. Congratulations to ex-student Ebony Seymour who made it through to state representation in butterfly & 200 metres freestyle as part of the Lithgow High School team. Thank you to families for allowing students this opportunity.

Lithgow District Basketball Trials

Thank you to Mr Campling for his organisation of the Lithgow District basketball trials last Thursday. Congratulations to Ben Fraser, Eamyn Quinn, Ryan Neale and Brittany Griffiths who will attend the Western trials on the 20th March.

Wallerawang Public School PSSA Tennis Team

On Monday our tennis team competed in the first round of PSSA against Lithgow PS. Mrs Walsh has done a great job training the team consisting of Brooke Lewis, Katahna Woolsey, Piper Woolsey, Dylan Walsh and Ethan Van Der Velden. They all played exceptionally well and were all good sports. It was great to see the sportsmanship with both schools, which were supportive and encouraging of each other. The team now move into the next round against Eglinton to be played by the end of March. Congratulations to the team & thank you to Mrs Walsh for her commitment to coaching the team.

Parent Workshop – Mathematics

Thank you to Ms Foster for running an informative parent workshop on numeracy yesterday. It was wonderful to see so many parents in attendance supporting the program and their students learning. Ms Foster will follow up on the same workshop in the evening on a date to be announced for parents unable to attend daytime workshops.

Thank you

I would like to thank Mrs Gwen Odgers Grandmother of Daniel, Blake and Sally Rose for her donation of books and DVD's for the teacher resource section of our library. I know that they will be used to extend teacher's understanding and knowledge in the area of Aspergers and Autism. It is wonderful to see Grandparents taking such interest in the school and be willing to share their knowledge to support staff and students.

Friday's Assemblies

Thank you to parents, grandparents and the wider community for your support of Friday's assemblies. It is wonderful to see the support that you are giving students when they are being recognised for the great things that they are doing at school and to support classes as they display their items.

Drop off Zones and student safety

Please remember that the bus zone is not to be used as a drop off zone in the morning and that the area of the car park closest to the building designed as a drop off zone should only be used for this. You are not permitted to park in the 'drop off' zone of a morning. This creates traffic congestion and can be dangerous when parents are forced to Double Park. I also ask you to support us in reminding students about their own safety when coming to and from school, especially when they are crossing roads to the top part of town.

School Fish Pond

Due to safety regulations decisions need to be made about the water features at our school. Fencing is very expensive & to meet regulations it needs to be 1.8 metres high which would take away the effect. The only consideration left is to fill in the pond and turn it into a garden. I am seeking support from the community of any spare soil that you may have. I am also exploring the possibility of a sensory garden to offer extra support for students who require it, but also for all students to enjoy. I am seeking further advice on the best plants to use for this. We also have some lovely fish that we would like to go to good homes at minimal cost.

Congratulations

Congratulations to Ethan Van Der Velden and Dylan Walsh who were placed 8th & 9th respectively in the Western Region tennis trials out of 16 students. Congratulations to these two delightful boys who I know enjoyed and appreciated the opportunity.

Swimming Trophies

The swimming trophies have arrived and will be handed out at Friday's assembly. I am sure your children would like to see you in attendance to give them a loud cheer. Swimming carnival photo's can be found on the website.

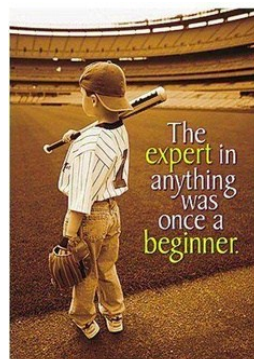
Lithgow District PSSA Trials

Next week will be a busy week with district trials for soccer on Tuesday and Rugby League and touch football on Friday. If your children have expressed an interest in this and they qualify a note will be sent home. Rugby League & Touch Football will be held at Wallerawang on the oval. Thank you

Enjoy the beautiful Autumn sunshine.

Jenny Lamborn

*Relieving Principal
Wallerawang Public School*



Year 6 Fundraising Meeting Tuesday 18th March

A meeting for Year 6 students and parents who would like to join the Year 6 fundraising Committee with a focus on setting fundraising goals to purchase an end of year gift from the Year 6 students will be held on Tuesday 18th March at 3:15pm. We will meet outside the library. If you would like to be a part of this team but are unable to attend the meeting please contact Mrs Fraser to express your interest in being involved.

Last year the committee raised enough money to jointly fund the new electronic sign for the school. This year we are looking for new ideas for a gift and fundraising. Everyone is welcome!!!

Kind regards.

Katrena Fraser

*Assistant Principal
Wallerawang Public School*



Our school received Earn & Learn equipment this week from Woolworths Rewards. Many wonderful games and resources with a focus on science were received for our students. Many thanks go out to all of our families and friends for collecting the tokens when they shopped.

Tennis Report

The PSSA School Tennis Competition got off to a great start with perfect weather conditions and eager players. Wallerawang Public versed and defeated Lithgow Primary in the First Round on the local Lithgow courts.

Our enthusiastic team consisted of Dylan Walsh, Ethan VanDerVelden, Brooke Lewis, Katahna Woolsey and Piper Woolsey. All of the team played confidently and proved they had what it takes to win on the day.

The format played was singles, doubles and mixed doubles, with all sets going first to six. This certainly tested the stamina of all concerned.

There were plenty of aces being dished out by Dylan and Ethan's powerful serves and some sneaky sideliners that caught the opposition off guard. Brooke showed off her forehand style with some great returns and Katahna displayed consistent determination and graceful serving skills. Piper had a lucky unexpected invite to play the mixed doubles set and certainly showed she is a tennis star in the making. Well done to all the team for their friendly manner and 100% effort.

It was lovely to have some parents watching the games and discreetly showing their support. We know that many parents work and have other commitments, so it is much appreciated when those that are able to come do so.

Lithgow Primary had a terrific team of good sports and although Wang defeated them 6 sets to 1 they can all be proud that they gave it their best. Both schools had fun and enjoyed their day. It was a pleasure to watch them display their good sportsmanship and manners, they even made a few new friends.

Many thanks go to tennis legend Sue Metcalf for being the official umpire and assisting with the organisation. The donation of tennis balls from Lithgow City Tennis Club was a lovely gesture and we are very appreciative. Also gratitude to John Bird and Tracey Bradford for assisting with the scoring. Cheers to Team Manager Ms Gurney for her secretarial skills and to Mrs Walsh for all the training sessions.

WPS now proceeds to Round 2 against Eglington Public in the next few weeks. We wish the team all the very best.



National Ride2School Day

It is National Ride2School Day **next week** on **Wednesday 19th March**.

National Ride2School Day is Australia's largest celebration of walking and riding to school. It is also a chance for new riders and parents to experience riding and walking to school for the first time. Even if you don't live close to the school, you may be able to organise to walk or ride part of the way.

National Ride2School Day helps to promote the benefits of physical activity and active transport to the health and wellbeing of our children.

Students who participate will receive a **National Ride2School Day sticker** upon arrival at school and will get a taste of the benefits and fun involved in choosing active transport.

For their safety, Stage 1 students should always be accompanied by a parent or carer if they ride or walk to school.

All students who ride a bike or scooter to school are reminded that they must wear a helmet and that they have to dismount and walk across the crossing under the direction of the crossing supervisor.





What's happening in 1/2B?



1/2B have been reading a book called 'Here comes the rain' by Clare Cox. We have been learning about how important the rain is to our farmers. We have written some sentences about what we like to do in the rain.

When it rains I like to ride my big yellow BMX bike and ride my transformer bike. By Mitchell Desch

When it rains I like to sing, jump on the trampoline and play in the cubby house. I like to look out the window and watch the raindrops on the window have a race. By Lucy

When it rains I like to swim in my pool and I love to watch Despicable me 2 inside. When it rains I ride my motor bike in puddles that's what I like to do! By Jessica

When it rains I like to play my ipod inside and I like to watch Lalaloopsie. By Marijke

When it rains I like to slide on the concrete, watch a movie inside and catch raindrops on my tongue. By Matilda

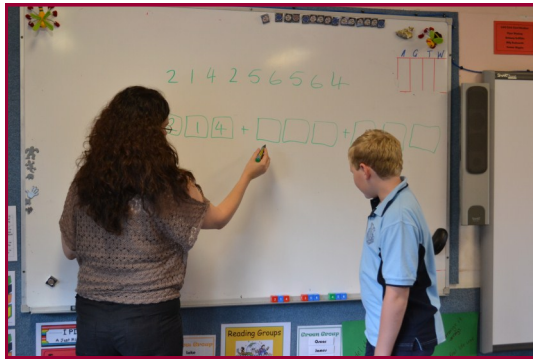
When it rains I like to play my video game and I like being noisy. By Ty

When it rains I like to go to Mudgee and Sydney and Dubbo in my Dads truck. By Jake

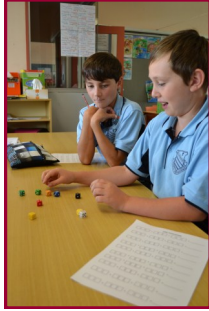
When it rains I like to ride my bike, play my ipod inside, watch a movie, play Lalaloopsies and jump on the trampoline. By Phoebe

When it rains I like to play my phone inside. I also like to catch hail because it is ice and water mixed together. I like to watch movies and have lollies and I like to have a shower in the rain. Boom! By Taylor





5/6 G



THE COLONIAL SHOW - STAGE 2

Dear Parents and Caregivers,

Our exciting **all day** event is on **Thursday 27th March**.

Students from Stage 2 will need to begin thinking of a 'colonial costume' to wear on the day. Students will only need to bring recess and drinks for the day. **LUNCH** will be a barbecue - sausages, damper, watermelon and a juice.

We are looking for **helpers** to cook sausages and serve food on our **COLONIAL DAY** beginning at 12.00. If you would like to join us and help, please return this slip to your child's teacher.

Thankyou

Stage 2 Teachers



YES! I would like to help with the Stage 2 barbecue on Thursday 27th March at 12:00.

Signed _____ **Class** _____

School Website

Have you visited our school website yet?

www.wallerawan-p.schools.nsw.edu.au
You can find permission & info notes—Photos from the swimming carnival as well as a Photo Gallery. The website has had some problems but they have been rectified.

P&C News

Annual Subscriptions

Envelopes are included with the newsletter inviting families to become financial and active members of the P&C Association. Subscriptions are just \$1.00. Please return to school prior to the AGM.

The AGM will be held on Monday 17th March at 7pm in the school Library with Canteen meeting to follow.

Canteen News

The canteen has apples, watermelon, oranges and pears available for 50 cents.

English Muffins topped with ham & grilled cheese for 60 cents will be available for recess on Thursday.

A new recess menu started on Monday, 10 March, 2014.

Recess Menu:

Mixed fruit kebabs \$0.50

Watermelon pieces \$0.20

Small boxes of sultanas \$0.40

Small 120 ml containers with yoghurt

topped with Muesli or fruit/Jelly and fruit/

Strawberry Mousse (Gluten Free) \$0.50

The canteen are having Stickybeaks Lunch Wallets available to order for \$8.50 each is reusable lunch order bag. Further information will be sent home later in the week.

Thank you

Debbie Holder

Uniform Shop

We're having a sale—

Old style sports pants reduced to \$10.00 1 x size 8
4x size 16.

These pants are still being worn by students during the phase out period.

Fleecy Jumpers reduced to \$10.00 1 x size 16
3 x size 18

Fully Lined Jackets reduced to \$10.00 4 x size 16

These items are available for purchase from the front office.

Thankyou Leanne Houlison

Healthy Eating Tips for

Happy lunch boxes

Scotch finger biscuit

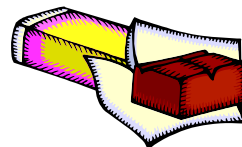
Banana

Burgen bread



Chocolate Boxes

There are extra boxes available to families who can sell more chocolates. The boxes you already have must be paid for before taking another. Only 1 box will be given out at a time. The return date is Wednesday 26th March. Thankyou



Book Club due back to school Wednesday 19th of March 2014.



Canteen Roster

THURSDAY	13/3	L. Houlison, S. Burns
FRIDAY	14/3	R. Bradford, L. Bradford
MONDAY	17/3	K. Williams, G. Dray
TUESDAY	18/3	D. Holder, S. Christie
WEDNESDAY	19/3	J. Taylor, C. Carter



Community Announcements Mu Yeh Taekwondo



Do you want to improve your self-esteem, self-confidence, self discipline and general fitness? Learn the exciting Martial Art and Self-Defence system of Taekwondo! We cater for juniors, seniors, or the whole family! Mu Yeh Taekwondo specialises in street-wise, women's and children's self-defence. Enquire about our Little Dragons class for 4-6 year olds! Also, check out our new Kick-fit fitness Class for adults (no martial arts experience necessary)

After 15 years at Wallerawang, we have now moved to our new fully equipped studio at Portland.

For more information phone Master Instructor Steve Ashbridge, 6th Dan Black Belt, on 0409 305 327. You can also visit our website at: www.muyehtaekwondo.com

For Sale

1 size 16 polar fleece school jumper—worn only once! Price \$25—Call Janelle on 0427735963

Pied Piper Preschool Wallerawang

Please visit our website
www.piedpiperpreschool.com.au
or come and see us in person!

Pindari Place
Wallerawang 2845



Kel Hart Nail Design Qualified Nail Technician

Gloss Creation
11 Main Street
Wallerawang 284
0439 990 631

www.facebook.com/kelhartnaildesign
kelhartnaildesign@yahoo.com.au

Reminder!!!

The 2014 National Day of Action against Bullying and Violence is on Friday 21 March 2014.



Wallerawang Public School has registered to participate in this day.

Part of this is a Poster Competition. Children may choose to participate in this by creating a poster to support the day. Please see reverse side for information. The poster can be any size. It may be hand drawn or computer generated.

All entries need to be brought to school and given to Mrs Nancarrow by Friday 14th March.

Quintessence Aromatherapy

Nit Wit Nit Kits and Sprays

Nit Wit Hair Lice Treatment Out Wit those Nits!!!!

Headlice have always been a major problem in schools and places where people congregate together. Especially young children who love to get their heads together to share secrets, caps, brushes & combs which result in the spreading of head lice. Lice love clean hair and heads so no-one is immune! Overtime lice has become immune to most of the chemicals used to control them. Fortunately a number of Essential Oils are effective in removing and preventing head lice.

The following guidelines also assist in the killing of nits: remember eggs can lurk in bedding, caps, hooded jackets, hair brushes, combs and scarves. Wash all these thoroughly in hot water, adding Essential Oil of Eucalyptus to the rinse cycle & spraying with Nit Spray once washed and dried. Nits hatch out at 48 hour intervals. This process will have to be repeated every two days until the problem no longer exists.

Discontinue use if irritation occurs

Essential Oils Used:

Lavender, Rosemary,
Tea Tree, Kunzea, Bergamot & Geranium

All Essential
Oils used for their Insect Repellent & Antiseptic
properties.

The natural
shampoo & conditioner base is totally free of any
sulphate
or PEG compounds.

Contact me if
I can be of any further assistance,

Phone Robynne on
0408 411 924 / 63552936

Email: quintessencearomatherapy@hotmail.com



NIT WIT OIL TREATMENT: Massage thoroughly into the hair and scalp; cover with a shower cap and leave on either all day or all night. After this procedure, follow with Nit Wit Shampoo and Nit Wit Conditioner. Whilst hair still wet, comb with a fine tooth comb or nit comb paying particular attention behind and around the ears and the back of the neck. This will help remove the nits. Repeat this process every 2 days for a week, but don't continue oil process on a regular base after that unless re-infestation occurs. Instead use Nit Wit Shampoo and Nit Wit conditioner when washing hair and use Nit Wit Spray daily to help prevent re-infestation.

NIT WIT SHAMPOO: Close eyes to avoid getting shampoo in the eyes. Apply (about as big as 50c piece more if hair longer) to hair. Gently massage scalp & hair paying particular attention around ears and base of hairline. Rinse well. Repeat if necessary; Follow up with Nit Wit Conditioner. Using Nit Wit Spray daily, to prevent re-infestation.

NIT WIT CONDITIONER: Close eyes to avoid getting shampoo in the eyes. Apply (about as big as 50c piece more if hair longer) to hair. Gently massage scalp & hair paying particular attention around ears and base of hairline. Leave in hair for 2-5 minutes. Rinse well. Use Nit Wit Spray daily, to prevent re-infestation.

NIT WIT SPRAY: Helps to stop reinfestation after treatment. Spray on hair daily particularly during outbreaks at school. Pay particular attention to behind the ears & the base of the neck. Always remove any eggs with a fine tooth comb.



Saturday Netball Competition



If there are any girls between the ages of 7-12 interested in playing netball please contact:

Leanne Houlison for ages 7-10 0400 312 197

Denise Nightingale for ages 10-12 0458 239 557

Playgroup!!

For children aged up to 6yrs

Portland Central School Mon 9:30 - 11:30

Wallerawang Stadium Tue 9:30 - 11:30

Cooperwull School Hall Thur 9:30 - 11:30

Playgroups are FREE!!!!

Bring a piece of fruit, a drink and hat

Playgroups are a great way to meet other parents and develop community networks!

Playgroups are provided by the Family Resource Centre

Phone the Families Worker Angie for more information on services available.

0427 074 066.