



77 Barton Avenue
P.O. Box 21
Wallerawang 2845
Ph: 02 63551210
Fax: 02 63557003

Wallerawang Public School Newsletter



September 17th 2014 Term 3 Week 10

What's On? When?

Uniform Shop
Tuesdays
2:30-3:30pm

**Wear Football
Colours Friday 19th
gold coin donation.**

Last day of term
Friday 19th
September



**Stage 1 Excursion
Featherdale Wildlife
Park 19/9/14
Leaving 7:30am
sharp**

**Term 4
1st Day back to
school
Tuesday 7th
October 2014**

**Assembly this
Friday 9:15am**

From the Principal's Desk

The last ten weeks has just disappeared so quickly for staff and students alike and term four is a consolidation period for children's learning as they wrap up the year, finalise all sorts of assessments and ready themselves for the coming year. With 28 year six students set to leave us at the end of the year and at this stage approx. forty five kindergarten students enrolling we are once again set to grow a little more and may even break the 300 student enrolment mark in 2015.

The greatness of the school is reflected in the partnership we have developed and maintained over many years between parents, staff, students and the wider community. Our school buildings and grounds are a wonderful environment for children in and around the local community and with the added expertise of our teaching and support staff the school is a very functional, caring and progressive place with numerous cultural, academic and sporting opportunities for children to be a part of all year long.

Children in years one and two will finish up the term with an excursion to the **Featherdale Wildlife Park** near Blacktown. The weather forecast is looking great for Friday and the rich learning, fun and new experiences for all the children attending will provide a great springboard into the school holidays. All permission notes and other arrangements are well in place to ensure a great day for everyone in attendance.

This week **stage three** students are supporting the State Bike Safety Awareness Week and Mrs Dick has details about this important initiative on page 4. The touch football gala day was held on Tuesday with three teams from our school entered in the program. The children enjoyed the day and participated with enthusiasm and good sportsmanship. Special thanks is extended to Mr Campling for his commitment to organising the day. A complete report is on page 6.

Our two **CSU teacher interns** will finish up at the end of this week after a very rewarding, challenging and well supported practicum program supported by Mrs Quinn and Mrs Warner. I acknowledge the wonderful guidance they have been provided whilst working with us and also recognise the important contribution they have made to the school during their time here. A little more about our university students is detailed on pages 3 & 4.

Our **Year 1/2 teachers** were in Bathurst today attending the next professional learning program focussing on their teaching of literacy using the L3 processes and strategies. We all look forward to their continued personal and professional growth in laying the important foundations for children in their writing, reading and oral expression.

A 'gold coin' **mufti-day** will be held on Friday this week and all children are encouraged to wear their favourite footy team colours. This doesn't mean parents need to go out and purchase football jerseys, hats, pants or socks it just means we are encouraging children to wear the colours that represent their favourite NRL or local team.

School Assembly

Parents and carers are invited to come along this Friday 19th September to our final term three assembly. Although stage one will be absent it is important that we wrap up the term with a final assembly recognising academic awards, citizenship and behavioural achievements. Assembly commences at 9:15am and all parents, carers and community members are welcome to attend.

Duncan Auld

Principal - Wallerawang Public School



Excursion News

Stage 1 Featherdale Excursion

Stage 1 children are getting very excited about our excursion this Friday to Featherdale Wildlife Park. An information note went home yesterday outlining specific information for parents. The bus will leave at 7:30 am sharp and return between 4-4:30pm. Please remember full school uniform, broad brimmed hats and plenty of healthy food to eat and water to drink.

Amanda Brown



SRC

Please remember Footy Colours Day

The SRC are organising a Footy Colours Day for the last day of school this term with all monies raised going to the Fight Cancer Foundation. We are asking that if your child would like to dress up in football associated clothing that they bring along a gold coin donation to give to the Cancer Foundation. The SRC see this as a very important cause and an opportunity to give back to the community. Your participation and donations would be very much appreciated. Thank You!

Student Council Representative,
Sam Petersen

Photography Lesson

During last Friday, Mrs Fraser, Mrs Morrow and myself accompanied Stage 3 on our trip to Lake Wallace. We are focusing on Photography in Creative Arts lessons. Our students were able to bring their cameras and other devices in to use. Using photography skills and processes which include framing, lighting and composition, students photographed many natural and man-made features of the Lake complex including picturesque images of flora and the Power Station. Dark clouds threatened but we were lucky that the rain stayed away long enough for us to go over the road. We covered multiple areas of the Lake complex to ensure we took plenty of photos. The children and teachers definitely enjoyed their time with plenty of excellent images taken. For our next lesson, our students will take one of their favourite pictures printed at home and cut the middle portion of it out and draw what used to be there using pencil. I am looking forward to producing some fantastic artworks with our students!

Mr. Purnell Intern (Teacher) 5/6Q



KW Farewell Miss Samios

Miss Samios has completed her five week internship here at Wallerawang Public School. Miss Samios has introduced some wonderful classroom experiences for the children.

KW, Mrs Warner and Mrs Clark would like to wish Miss Annabelle Samios all the best in her teaching career.

Mrs Carolyn Warner



Outside Learning



Friday on the 5th September the whole School had the opportunity to plant a seed for our summer vegetable garden. The teachers pulled a seed packet out of a lucky dip and the results are as follows K R Lebanese Cucumber, K W World's biggest Pumpkin, 1 / 2 F Zucchini, 1 / 2 G Peas, 1 / 2 K Pumpkin Buttercup, 1 / 2 B Tomato, 3 / 4 C Peas, 3 / 4 G Corn, 3 / 4 P Cos lettuce, 5 / 6 Q Cherry tomatoes, 5 / 6 G Apple Cucumber, 5 / 6 F Baby Carrots.

Sharon Rushworth
SLSO / Volunteer Gardener



5/6Q Farewell Mr Purnell

For the past five weeks Mr Daniel Purnell a qualified teacher who is completing his fourth year of studies at CSU has been teaching 5/6Q. Mr Purnell is studying a Bachelor of Education (Primary) and this is his final internship. 5/6Q has enjoyed learning about the techniques used to share information, strategies for measuring length, perimeter and area and about the amazing environment in Antarctica. Mr Purnell organised an excursion to Lake Wallace to take photographs for the student's artwork, organised sports activities and spent many hours making sure the students in 5/6Q had a wonderful learning experience. It has been a pleasure having Mr Purnell at Wallerawang Public School and we would like to wish him the very best as he embarks on his adventure as a Primary school Teacher. Thank you for teaching 5/6Q.

Mrs Quinn and the students of 5/6Q



Fruit & Veg Month

Fruit & Veg Month runs from the 25th August-19th September. It is an initiative of the Healthy Kids Association with the support of the NSW Ministry of Health.

This year's theme is "Rainbow Journey". Variety is key! Eat fruits and vegetables of many different colours every day to help ensure your children are getting a wide variety of nutrients.

This week **Stage 1** students explored a mystery bag of fruits and vegetables and then completed posters featuring a rainbow of fruit and vegetables.



More Tips for eating more fruit and Vegetables

www.healthy-kids.com.au/parents/ is a great source of healthy meal and lunchbox ideas.

Nothing is easier than raw veggie sticks and dip! A variety of vegetables can be used as well as some low-fat dips. Try hummus or a simple avocado yogurt dip to go with the veggie sticks. Peanut butter or cream cheese may also go well with a vegetable such as celery sticks.

Put a twist on fresh fruit by chilling in the freezer, it gives fruit a different texture. Freezing works with all fruits, but grapes, blueberries and bananas are especially tasty when frozen.

Lettuce wraps are a good way to pack a lot of veggies into a meal. Chop up any vegetables you have such as carrots, celery, and capsicum. Add spices to your liking and sauté it all together. If you don't have the time, the chopped veggies can also be served raw. Pile the mixture onto lettuce leaves and serve. It becomes an interactive and fun way for kids to eat. Try adding chicken, tuna, or egg salad for a boost of protein!

Fruit & Veg Month Competition

Students from K-6 are encouraged to enter the Fruit and Veg month competition for a chance to win a Veggie Twist game – a 'veggie' take on the well-known Twister game. Entry forms are available on our school website <http://www.wallerawan-p.schools.nsw.edu.au/> under the 'News' tab or are available from class teachers or the front office. Completed entries should be sent directly to the address shown on the form. You've got to be in it to win it!

Entries close Friday 10th October.

Stage 3 Bike Week Challenge

On Tuesday afternoon Stage 3 participated in the Bike Week Challenge as part of NSW Bike Safety Week. This game show like challenge was conducted via video conference against Thurgoona Public School and Springdale Heights Public School, both in Albury. It was a very close contest in which Thurgoona were the winners and we tied for second with Springdale. To their credit, Wallerawang students answered all their questions correctly and were narrowly beaten by the surprise bonus points attached to some questions. The teachers were very impressed with the students understanding of bike safety which has been a focus in recent Life Skills lessons.

Mrs Sue Dick

Sports News

Touch Football Gala Day



Yesterday Wallerawang Public School participated in a touch football gala day held at Tony Luchetti Sportsground and organised by Touch NSW. It was a non-competitive day to encourage both boys & girls to play the game & teach them some basic skills of the game. It was the first time that Touch NSW have held a junior day in Lithgow & hope that it can continue in the future with the support of local schools. Wallerawang entered 2 junior & 2 senior mixed teams. Congratulations to the following students who participated during the day: Bailey Brown, Logan Ward Hayden Carter, Ethan Holder, Charlotte Dunn, Lily Forrest, Ellie Pender, Maddie Holding, Hannah Lambert, Ashton McDonald, Aydan Thomas, Wil Stockton, Saezar Scanlan, Byron Lamborn, Charlotte Jackson, Tia McMillan, Sophie Lane, Sophie Clark, Katahna Woolsey, Bethany Hagar, Hollie Cameron, Sam Lane, Ethan Van Der Velden, Cooper Nunan, Sam Petersen, Ben Fraser, Sara Lane, Charlie Bray, Lachlan Taylor, Connor Higgins, Jai Elliott, Kye Cameron, Shelby McCann, Brittany Griffiths, Hayleigh Andrews, Eamyn Quinn, Brooke Lewis, Billy Rushworth and Emma Cain. All the children displayed outstanding sportsmanship and enjoyed a fun and non-competitive day of touch football. Thank you to Chris & Tammy Brown along with Corey Stockton who have taken the time to teach the junior teams skills that will benefit them as they play through the years. Your assistance and willingness is appreciated and valued. Thanks also goes to the all the parents and grandparents who took the time to support and encourage during the day. It was also good see ex-students Jake Lewis, Mitch Redding and Pacey Stockton lending a hand to referee and support the students of all the local school.

Many of these students were looking forward to participating in the T20 cricket day being held today. I am sure with the same enthusiasm.

Please remember to return the touch football uniforms ASAP.

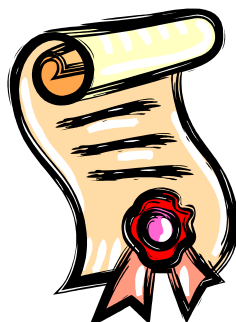
Jenny Lamborn

Assistant Principal



More photos on page7

Assembly Photos Week 9





P&C News

CANTEEN ROSTER

Thursday 18/9 A. Morris, V. Schumack

Friday 19/9 K. Williams, K. Griffiths

TERM 4

Tuesday 7/10 K. Gunnulson, R. Doalman

Wednesday 8/10 A. Cafe, C. Chew

P&C NEWS

Uniform Shop News Change of Day TERM 4 OPENING HOURS MONDAYS 2-3PM

Reminder: All lay bys need regular payments. Payments are to be made at least fortnightly with lay by completed within the 10 week period.

Thank you

SCHOOL CANTEEN NEWS

**A RED DAY FOR TERM 3 WITH BE
THIS FRIDAY, THERE WILL BE
SPECIAL TREATS AVAILABLE TO
PURCHASE AT RECESS AND LUNCH.**

It is the last couple of days of the Sydney Markets Fresh for Kids canteen campaign which finishes on Friday, 19 September, 2014. A wide variety of fruit is available from the canteen.

English Muffins topped with ham & grilled cheese for 60 cents will be available for recess **tomorrow**.

Yoplait yoghurt (125ml) tubs in Mango, Mixed Berries and Strawberry flavours are available from the canteen for \$1.20.

Thanks Debbie

YEAR 6 FUNDRAISING

Chocolate Lotto

Children can buy a number for 20c between 1—100. (similar to 100 club) At assembly each week a number will be drawn and the winner will receive a large block of chocolate!

Year 6 will be selling the numbers at lunchtimes.

Chocolate Guessing Comp

We also have a jar filled with chocolates, it is 50c a guess. Year 6 will have a table set up in the playground at lunchtimes. Thank you Year 6 Teachers.

100 Club

Chance to win \$100.00. you can find this at the front office \$2.00 a number.

Wallerawang NRL School Holiday Clinic with Daniel Swan

DATE: Friday 26th of September, 2014

VENUE: Wallerawang Oval, Brays Lane Wallerawang

TIME: 3:00pm – 5:00pm

Age – 5 to 16, boys and girls

Cost: \$35 Inc. NRL Pack and sausage sizzle

Register Here

<https://reg.sportingpulse.com/v6/regofrm.cgi?formID=30299>

Lithgow Athletics Club



Fun and fitness in the sun with friends at

Jim Monaghan Athletics Track

Little Athletics in NSW - enjoy your season and remember to 'Be Your Best'!

• Friday 4pm	Cost -	Early Bird (before 10 th October)
Price		
Tots/U6	\$65	\$70
U7/U17	\$75	\$80
3rd Child Disc	\$55	\$60

(NB Tots - born before 1st October 2010)

Fundraising Levy \$30 per family (Cash or cheque payable to Little Athletics)

12th & 19th September 2014 with skills clinics

Competition starts 10th October 2014

If you are new to athletics, you will need a copy of your birth certificate or blue book.

For further details, please contact Charlie on 0407 471 771 or Brenda on 0414 829 496.

Hope to see you there!

Community Notices

Saturday 25th October 2014 HEARTKIDS Rugby Cup & Clinic

Time: 10am - 12.30pm

Cost: \$40

Venue: Emus Rugby Club,
Woodward Street Orange NSW

All registrations must be submitted by 3rd October 2014

Suitable for children aged between 5-15yrs and
caters for all abilities

For more details or a registration form
contact Mardi on 0416 112 885
or email samantha@life-studio.com.au

All money raise goes to 'HEARTKIDS'
supporting children born with heart disease

Exhibition match between Deadwood Rugby
Club & Central West Invitational Players

Time: 3.30pm

Admission: \$5

PosterMyWall.com



Supported Playgroups

MONDAY

Portland Playgroup 9:30-11:30

Portland Central school, Portland

Parenting Young 10:30-12:30 LINC,

1 Padley Street, Lithgow

TUESDAY

Wallerawang Playgroup 9:30-11:30

Wallerawang Primary school

Sports stadium

WEDNESDAY

Fun at Fatima 10:30-12:00

Cnr GWH & Tweed Rd, Bowenfels

THURSDAY

Cooerwull Playgroup 9:30-11:30

Cooerwull school hall, Lithgow

Each play group is FREE and has a range of children's activities.
Come along and meet some new friends in a fun filled environment.

For more information please call 6354 5906.



Portland & District Swimming Pool 2014 FUNDRAISING BALL

SATURDAY 20TH SEPTEMBER 2014

You are invited to attend the Portland & District Olympic Pool
Fundraising Ball to be held at the Portland Community Centre

Featuring "Camel Toe"

\$40 per head

BYO drinks & food

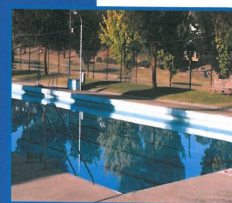


Doors open 6:30pm

Band begins 8pm

DRESS CODE — FORMAL

FUNDRAISING
ACTIVITIES TO BE HELD
THROUGHOUT THE NIGHT...



PROCEEDS from the night will go towards upgrades at the pool.

Tickets available from Angela @ Portland Pharmacy
OR Simone & Shane Taylor 63 555 511



Mu Yeh Taekwondo



Do you want to improve your self-esteem, self-confidence, self discipline and general fitness? Learn the exciting Martial Art and Self-Defence system of Taekwondo! We cater for juniors, seniors, or the whole family! Mu Yeh Taekwondo specialises in street-wise, women's and children's self-defence. Enquire about our Little Dragons class for 4-6 year olds! Also, check out our new Kick-fit fitness Class for adults. (no martial arts experience necessary)

After 15 years at Wallerawang, we have now moved to our new fully equipped studio at Portland.

For more information phone Master Instructor Steve Ashbridge, 6th Dan Black Belt, on 0409 305 327. You can also visit our website at: www.muyehtaekwondo.com



ENROL NOW

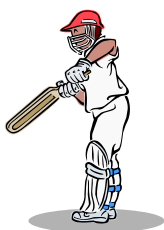
Very child that enrolls into the Bathurst Aquatic Centres Learn to Swim Program before the end of September 2014 will receive a **FREE 20 VISIT PASS!**

Don't miss out!
Call now on 6331 333 to book



Lithgow Cricket

Our Junior cricket Sign Up days are on again We are holding our first sign up days for all age's 10's, 12's, 14's & 16's will be on Thursdays the 4, 11 & 18th September, 2014 these sign on days will commence at 4.00pm and concludes at 6.00pm each day in the auditorium of Club Lithgow. Thanks



Mark Wren Secretary LDJCA

Community Family Fun Day

Portland

@ Saville Park Portland

Wednesday 24th September

11am-1pm



Games for all children



Sausage Sizzle

JUMPING CASTLE



Bring the family along for a great community fun day

All Activities & Food are Free

(This event will be cancelled if raining)

Hosted by



Expressions of Interest for the next Futsal Competition

WHO CAN PLAY?

Girls, Boys



Friday Night Competition subject to demand we will be

running the following age groups:
Minis and Juniors U/6's, U/8's, U/10's,
U/12's, U/14's

WHERE DO I PLAY?

Wallerawang Indoor Sports Centre,
Barton Avenue,
Wallerawang

(next to Wallerawang Public School)

HOW DO YOU REGISTER OR EXPRESS YOUR INTEREST?

Contact Carleen on 0402 205070
or email cpc_chook@hotmail.com

REGISTER YOURSELF OR A TEAM

Need to register by contacting Carleen no later than Friday 26th Sept 2014 with rego forms filled out and rego fee handed in by Wednesday 8th October.

Registration and Competition Fees will apply

Looking at starting on Friday 10th October 2014
To hand in the registration form or get a registration form you can come down to the Indoor Centre on a Wednesday night, anytime between now and 8th October (except on school holidays)
between 7pm - 9.30pm.

For further information contact Carleen on the above details. Limited spaces available in each age group





Want to give your child a successful start at school?

(Home Interaction Program for Parents and Youngsters - HIPPY)

HIPPY is a free, government funded program, for Lithgow, Wallerawang and Portland designed to help parents prepare their children for school. Materials, guidance and home tutor support are all provided. The focus is on parents spending about 10 minutes a day doing the interactive activities with their children, to build pre-literacy and numeracy skills. HIPPY aims to further develop parents' skills and confidence to better help their children prepare for a successful start at school.

Employment opportunities are also available to parents. Centacare requires part time Home Tutors to assist with delivering the HIPPY program. Centacare is accepting enrolments for 2015 from families living in the Lithgow, Wallerawang and Portland areas with children in the **year prior to starting school**, usually around 4 years of age (Note: Children must turn 4 years on or before the 31st July 2015).

Interested parents / caregivers can contact Hippy Bowenfels on telephone: 6352 4868 or mobile 0409 362 663 or email hippy@centacarebathurst.com.au

HIPPY Bowenfels is funded by the Australian Government Department of Education through the Home Interaction Program for Parents and Youngsters.



CJ's Gifts From The Heart
I have a gift for all!
Chantelle Johnstone

27 Pipers Flat Road
Wallerawang NSW 2845
0428185914
channii.jj@gmail.com
find me on facebook.

Jackeroo Ranch

Horse Riding Spring School Holiday Riding Camps

Jackeroo Ranch (est 53 Years) and recently relocated to Bingletree Station at Upper Turon, are again running their popular horse riding camps in the winter vacation.

1st week:

Saturday 20th September – Saturday 27th September

2nd week:

Saturday 27th September – Sunday 5th October

Shorter stays are possible if camps are not fully booked. These camps are for "horse-mad" children aged from 6 to 16 years. Five to six hours per day are devoted to horse activities including a one hour lesson and three hour trail riding in the beautiful Turon Valley– with tuition still being given. As well, campers are taught grooming, saddling, haltering and catching a horse with safety aspects and many other facets of horsemanship. Previous experience not necessary as beginners to advanced riders are catered for. We specialise in teaching nervous riders and developing their confidence. **This is "not just a camp"** it's a wonderful farm experience your child will treasure forever.

Enquiries: Mrs Pattie Hudson- Phone 6337 7173
(Nights are best)



www.jackerooranch.com.au



A message from the Rural Fire Service Open Day

Thanks for all those children and parents who support the Communications Brigade on Saturday at the Valley Plaza in Lithgow and took a guess at the number of lollies in the big jar.

The correct number was 239 and Mr Gordon Shannon of Rydal had the closest guess at 241. The lollies have been delivered. Thanks kids it was nice to see you all.

Mrs Van Der Velden
Comms Captain



*For Sale Cute Baby
Guinea Pigs \$5.00 each
63 551 908 after 3pm*





CIRCLE of SECURITY

Circle of security is an early intervention program that focuses on relationships that support children to feel secure.
Secure children exhibit increased empathy, greater self-esteem, better relationships with parents and peers, enhanced school readiness, and an increased capacity to handle emotions.
The program supports parents to look beyond a child's behaviour and identify the relationship need.
For parents of children 0-12 years old.

When: Fridays (8 weeks) 17 Oct to 5 Dec 2014

Time: 9.30am -12:00pm

Pre Group Interview by appointment 10 Oct

Where: LINC Padley St Lithgow

Suitable for all parents/ carers who want to be
"good enough parents" and delight in their children.

COURSE IS **FREE**
BOOKINGS ESSENTIAL AS PLACES ARE LIMITED
CALL: Relationships Australia 6333 8888

For more information visit <http://www.nsw.relationships.com.au>

WALLERAWANG PLAYGYM

PROGRAM OUTLINE TERM 4 2014

WEEK	THEME	Tuesday Wallerawang(10 weeks)
1.	Up & Down	07/10/14
2.	Animals	14/10/14
3.	Jumping	21/10/14
4.	Rain & Sea	28/10/14
5.	Horses	04/11/14
6.	Numbers	11/11/14
7.	Body Games	18/11/14
8.	Over & Under	25/11/14
9.	Walking & Running	02/12/14
10.	No Playgym	Hall unavailable 09/12/14

Playgym is free of charge for term 4 2014, however to assist with running costs a donation would be much appreciated

NOTE: Registrations for Term 1, 2015 will be undertaken in weeks 7, & 8

Evaluations will be undertaken in week 8

If you have any problems please phone and let us know on 4782 2133.

Group Co-ordinators: Fiona: [Monday, Tuesday, Thursday]

Therapy Aide: Wendy: [Monday, Tuesday, Thursday]

ALL GROUPS ARE OF 45 MINUTES DURATION

GROUP TIMES

10:30am Under 3's
11:30am Mixed Ages

Katoomba Community Health Centre
P.O. Box 1211
KATOOMBA NSW 2780
Ph: 4782 2133
Fax: 4782 5259

Providing health services to the communities of Hawkesbury * Penrith * Blue Mountains * Greater Lithgow