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Wallerawang Public School Newsletter



March 18 2015 Term 1 Week 8

What's On? When?

**CANTEEN CLOSED
THURSDAY'S
UNTIL END OF
TERM 1**

**National Day of
Action against bully-
ing and violence
Thursday 19 March
Assembly Focus
THIS IS NOT A
MUFTI DAY**

**Uniform Shop
CLOSED TIL END
OF TERM 1**

**School Assembly
TOMORROW
THURSDAY 9:10am**

**School Photos
Friday 27 March**

**Parent/Teacher
Interviews
23-25 March**

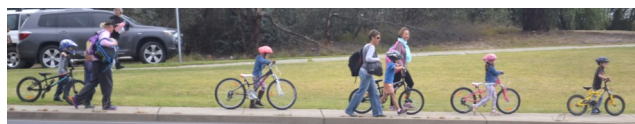
**Athletics Carnival
NEW DATE
Wednesday
29 April**

**Last day term 1
Thursday
April 2**

From the Principal's Desk

On Friday last week we held a non-uniform (mufti) day to assist in raising funds for the **Childhood Cancer Institute**. Special guests at assembly and in classes afterwards were Tan-ya and Eddie Bosch both of whom are riding their bikes along the Bicentennial Trail from southern Victoria to Queensland in memory of their child they lost to cancer over 20 years ago and to raise needed funds to assist with research. Children that came along in casual clothes donated a gold coin as they entered the assembly hall. A big thanks is extended to families for supporting this event. In total we have made a donation to the Childhood Cancer Institute of \$276. See photographs on page 5.

Coinciding with our special assembly on Friday was **National Ride to School** day where children from all over town rode their bikes to school.



Some families even drove to Wallerawang from out of town and encouraged their children to do the cycleway ride to the school. It was great to see mum's and dad's also riding with their children. All in all it was a well supported day and we extend thanks to families for being a part of this event. See page 5 for photos of our children arriving at school.

At Monday night's **P&C Meeting** a very small group of parents attended the annual general meeting. Of 290 families in the school we had 7 families represented to become a part of an organisation that is vital to the success of many programs and initiatives operating within the school. Not all executive positions were filled however the following were filled: President Mrs Katena Taylor, Vice-President Mrs Leanne Houlison, Secretary Mr David Bird, Treasurer Mrs Karen Desch, Canteen Buyer Mrs Anna Fitzgerald and Roster Clerk Mrs Kimberly Gunnulson. Also helping out behind the scenes with the canteen organisation and operation are Mrs Lorraine Bradford and Mrs Renee Bradford.

Tomorrow we will be recognising the **National Day of Action against Bullying and Violence**. We will hold this week's assembly from 9.10am in the school hall. The SRC will distribute anti-bullying wristbands at no cost to students and weekly awards will be presented as per our normal Friday assembly. Please note – **Thursday is NOT a mufti-day**.

This term, Life Skills lessons have included a focus on positive relationships and standing together against bullying. In library technology lessons, students are learning about responsible and ethical behaviour online, which is a theme of this year's national day of action. Students are also personalising a 'hand' with their own anti-bullying message for display. More details on pages 9 and 10.



Our school will once again contribute to **Lithgow Show (20-21 March)** by way of our students work. All children have had the opportunity to take part in the colouring competition and prize winners are: 2nd Place—Hayley Palmer, Claire Jonkers and Hannah Lambert. 3rd Place—Eve Collins and Andrea Fitzgerald. Highly Commended or Encouragement Awards to —Joshua Doalman and Kate Anthes.

Congratulations

to these students on their excellent achievements. Prize winning entries will be on display at the show. Good luck to the following students who have their work entered into competitive sections:

Kinder

Lowan Francis (humpty), Beau Elliot (humpty), Sally Rose (fish bowl), Matthew Purdon (fish), Blayde Allen-Wheeler (fish), Claire Taylor (moon), Grace Neaves (moon), Max Alexander (maths worksheet)

Stage 1

Lillian Reeve (wild thing), Emma Rushworth (wild thing), Ty Hanrahan (recount), Cody Phillips (handwriting), Rory Sutherland (handwriting), Marijke McLoughlan (wild thing), Karmichael Peters-Chapman (wild thing), Rydah Woolsey (colouring town), Violet Younger (rainbow)

Stage 2

Alexandra Fitzgerald (house & description), Tylah Piggott (portrait), Gracie Aldcroft (portrait), Lillian Davidson (portrait), Jacova Woolsey (balloon pic), Kyle Eccleston (balloon pic)

Stage 3

Noah Jewell (chalk bird), Daniel Williams (chalk bird), Lily Forrest (chalk bird), Lachlan Reilly (frog), Courtney Martin (cassowary), Bethany Hagar (minecraft portrait), Stephanie Radosevic (cassowary)

Pottery (Yr6 only):

Shelby McCann, William Jackson, Olivia McDonald, Ryan Neale, Bethany Hagar, Stephanie Radosevic, Piper Anderson, Mitchell Jewel, Eamyn Quinn, Courtney Martin, Xander Thomas, Dylan Blyth

Mrs Sharon Rushworth will be entering a selection from our vegetable garden and we thank her for all her labours.

This is a great opportunity to showcase the fabulous work from the students of Wallerawang School.

Thanks is extended to **Mrs Donna Lang** for co-ordinating our schools contribution.

Congratulations to our District cricketers: **Dane**

Hart, Kye Cameron, Cooper Nunan and Billy Rushworth who will be participating at the Western Area trials in Dubbo this Friday. *Congratulations* are

also in order for **Madeline Holding, Ellie Pender, Courtney Martin and Piper Woolsey** who will be participating at the Western Area trials for hockey in Orange this Friday as well. All the best boys and girls! Remember to play hard but play fair.

As of 2015 the **school enrolment policy** relating to school exemptions has been updated by the NSW Department of Education and Communities. The key change is that families attending holidays during school terms are no longer able to apply for exemptions from school unless exceptional circumstances can be validated. Parents will now be asked to provide a letter of explanation for the absence (ie family holiday) which will then be recorded as approved leave on the school roll system. Any existing exemptions will be honoured.

A reminder to parents in the playground before and after school of a few child safety matters:

- ⇒ Parents arriving with children in the morning are encouraged to drop the children off and leave the duty teachers in charge
- ⇒ Parents should not approach nor discipline other people's children in the playground
- ⇒ Access to the school play equipment (before and after school) is currently under review
- ⇒ Parents in attendance at after school training sessions and meetings must take supervision responsibility for their other child/ren who are also waiting

Duncan Auld

Principal—Wallerawang Public School

District Rugby League Team

Last Friday we hosted the district rugby league trials with many boys trialing for selection. All the boys played extremely well and should be commended on their great effort in the trials. Congratulations to; Lachlan Schroder, Billy Rushworth, Bailey Brown, Kye Cameron, Wil Stockton, Wade Fraser, Aydan Thomas, Lachlan Reilly who have been successful in gaining selection in the team. All notes need to be returned to Mrs Fraser asap.

The boys will now move onto the Western region selections to be held at Dubbo on 30th March. They will be training each Friday in the lead up to this date between 2pm-3pm at the school (during sport time). **However there will be no training this week due to the Stage 3 Excursion.** They will need to bring head gear, mouth guard, boots and a change of clothes as they will be practising tackling as part of their training.

David Peachey / Russell Richardson Notes / Western region Trial Notes

Just a reminder to all football players that they need to return all football notes asap. If you need a new note please see Mrs Fraser.

Athletics Carnival Update

The primary Athletics carnival will be undergoing a face lift this year in order to make it more streamlined and effective for students, teachers and parents alike. On **Thursday, 26 March**, before our carnival date, students aged 8 and above will participate in a qualification field events day at school. The students will partake in the events of Long Jump, Shotput and Discus in their age divisions and according to normal carnival rules. The students will participate and be rounded down to the final 12 in each age division. These students will then qualify to participate in their event at the Athletics carnival day. The rationale behind this is to ensure all students are provided the opportunity to participate fairly and effectively, minimise scheduling conflicts as well as conclude the carnival on time with all components of the track and field completed. High Jump and Track events will run as per usual on the day alongside the finals of Long Jump, High Jump and Discus.

In other Athletics carnival news, please note that the actual Athletics carnival date **has been changed** from Wednesday 1 April (Term 1: Week 10), to **Wednesday 29 April** (Term 2 Week 2).

More details will arise closer to these dates.

Mr Campling

Athletics Coordinator

Canteen News

- Please ensure that your child brings a spoon or fork from home to eat their recess or lunch with. They are no longer available from the canteen free of charge. If your child requires a spoon or fork they will be charged 5 cents.
- The canteen helpers are not allowed to re-heat any food that has been brought to school by your child. Please be aware of this when you are selecting items of food for their lunch boxes.
- Unfortunately a canteen volunteer cut her finger opening a tin with a ring pull lid for a child last week. Please **DO NOT** send aluminium tins to school with your children. If they bring a tin to the canteen to be opened they will be asked to put it back in their lunch box and take it back home. Please empty the food into a plastic container that is easy and safe for your child to open.

School Contributions

Reminder: Invoices were issued in Week 4 for the voluntary school contributions which we collect to assist in covering the costs of essential equipment, books and resources. The individual fee is set at \$30 per child with a maximum of \$60 per family.

Uniform Shop News

The uniform shop will be closed from Week 8 – Week 10 re-opening Term 2. Sorry for any inconvenience.

Reminder: All lay-by's require regular payments to ensure your lay-by is paid off within the 10 week period. Payments can be left at the office outside of uniform shop hours.

School Photographs

School photos create wonderful memories which are referred to over and over again and the more years that pass the more valuable they become. The 2015 school photos will be taken on Friday 27th March 2015. The photographer begins 9:15 with Kinder and works his way up through the classes to the 5/6's. Photographs of each individual child are taken as well as a whole school photo which proves a challenge to have all 300+ children together, smiling, standing still and looking at the photographer.

Photo envelopes have been sent home with each child and envelopes are available at the office if you would like a photo of all your WPS children together. These are always something very special.

Payments can be made online using the unique Wallerawang School 9 digit code on the top right of the envelope. This is the **preferred method of payment**, but you can also send your cash payment in the envelope on photo day, which children can hand to the teacher or you yourself can hand to the photography staff. **Please do not send cash to school before photo day** as the school does not have facilities to store cash on the premises. Details on the front of the envelope will be uploaded to the school website for your convenience.

3/4C—Community and Remembrance

In 3/4C, we have been looking at unit entitled, Community and Remembrance. Our learning journey began by examining ourselves, who we are and where we have come from as well as how Australia has changed over time. We have looked at Indigenous histories of Australia, our colonial past, the crossing of the Blue Mountains as well as Wallerawang through the ages to its present day. We have written factual and imaginative works on a number of these topics. We would like to share some of our work with you.

Personal History

Everyone has a story to tell.
Sometimes many stories.
Here Is my story.

My name is Holly Olivia Robinson and I am Australian. I was born in Neapean Hospital but now I live at Marangaroo. My favourite things include: soccer, dancing and reading. When I grow up, I want to be an artist. This is my story, what is yours?

Holly Robinson

Historical Recount

In 1813, an historical event happened. Three brave men named: Wentworth, Blaxland and Lawson were sent to explore the Blue Mountains by Governor Macquaire. Their supplies for the journey were limited. They had three dogs, four convicts, some food as well as muskets.

They were determined to cross the Blue Mountains, but had to attempt to cross the Neapean River three times before doing so.

The three men explorers were also helped by an Aboriginal guide who took them over the Blue Mountains but away from Aboriginal sacred grounds.

Logan Ward

My Place

Hello, my name is Oliver and I have drawn map of my place. I am nine years old. I live in Wallerawang near Wang dam. This dam is near a very old cemetery. Lots of green grass grows near my place. I also live near my friends. I like to play footy at the field as well as ride my bike and scooter at the skatepark. I also like to jump on my trampoline and swim in my pool when at home.

Oliver Taylor

CANTEEN HELPERS ARE URGENTLY NEEDED!

The canteen will have to remain closed Thursdays in Term 2 unless we have a few more parent/grandparent/friends come forward to fill the void. Please contact the office on 63551210 to leave your name.

CANTEEN ROSTER	
Thursday March 19	CANTEEN CLOSED
Friday March 20	Karen Desch Melissa Hawken
Monday March 23	Kylie Mason Renee Houlison
Tuesday March 24	Andrea Alexander, Sonja Ward, Jenny Pender
Wed March 25	Julie Trestrail Glenda Schroder

Enrichment, Education, Excitement - Become a Volunteer Host Family!

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to an international student arriving in July 2015. Our students from Canada, Denmark, Ecuador, Italy, Belgium, the USA, and France are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family soon.

"Wonderful - joyous - heartfelt. An absolutely wonderful idea and so beneficial for all involved, from family to school friends. We truly feel Enrico is another member of our family."

- Marie - host mother of Enrico (Italy)

Hosting Is Fun! Find Out more!

Getting to know your student before he or she arrives brings fun and joy to everyone involved. To help you make this important decision, contact WEP today to receive a full information pack for your family.

Sylvia Kelly

Manager – Inbound Exchange Programs

Phone: 1300 884 733

Email: info@wep.org.au

Online: <http://www.wep.org.au>

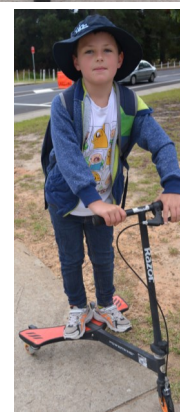
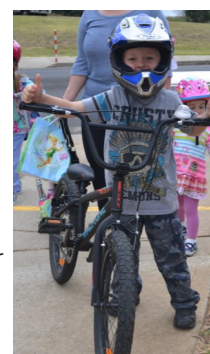
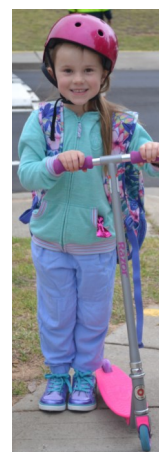
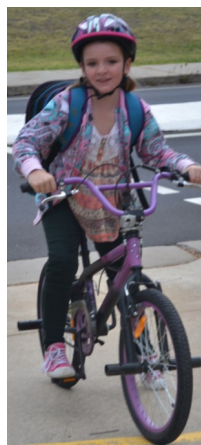


Ride2School Day

Last Friday's Ride2School Day was very well supported with around 140 students riding their bikes, scooters or walking to school. Many were accompanied by parents and younger siblings. Ms Foster and her helpers distributed stickers to the participants and Ms Gurney was on hand to take photos. It was great to see so many in our school community enjoying active transport.

Regularly walking or riding to school contributes to a student's daily activity level which is so important for overall health. It is recommended children are engaged in a minimum of one hour of moderate to vigorous physical activity throughout each day. To achieve additional health benefits, children should engage in more activity – up to several hours per day or some days.

Thank you to parents and carers who made special arrangements so that their child could participate in Ride2School Day.



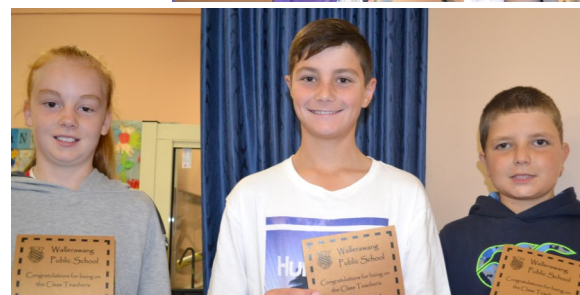
Visitors to our school on National Ride2School Day were Eddie and Tanya Bosch (see Page 1)



Assembly



Week 7





Assembly Week 7





Assembly Week 7 Creative Genius!





National Day of Action against Bullying and Violence

This Friday 20th March is the National Day of Action against Bullying and Violence. Mrs Nancarrow will be recognising this day with an item at our assembly to be held on **Thursday, 19th March** from 9.10am in the school hall. The SRC will also distribute anti-bullying wristbands at no cost to students.

Bullying is repeated verbal, physical, social or psychological behaviour that is harmful and involves the misuse of power by an individual or group towards one or more persons. Cyberbullying refers to bullying through technology.

It is important to understand that conflict or fights between 'equals' or single incidents are not defined as bullying.

At our school we aim to create a safe and supportive school community for everyone. Our Anti-bullying Plan includes protection, prevention, early intervention and response strategies for student bullying. Parents and carers are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

In library technology lessons, students are learning about responsible and ethical behaviour online, which is a theme of this year's National Day of Action. Life Skills lessons have included a focus on positive relationships and standing together against bullying.

Stage 3 Haiku Poems about Bullying

No more bullying

It crushes anyone's heart
Do not just stand by.

By Courtney Martin

You are hurt yourself,
Don't do it to someone else
Don't put them through pain!

By Piper Woolsey

You were powerful
You used actions to hurt me
No more bullying!

By Bray McGovern

Don't just stand and watch
Be an active bystander
NO, GO, TELL right now!

By Brooke Lewis

Do not turn your back
Doing that to me is harsh
I feel rejected!

By Lily Forrest

I should have helped you,
Yet I did nothing at all
I had no courage!

By Chloe Petersen

I am all alone,
In a corner by myself,
Rejected by you.

By Ben Seymour

Bullying is harsh
I'm innocent, why do this?
Stop the bullying!

By Abigail Trestrail

Bystanders should help,
Not watch people get bullied
Stick up for the weak.

By Hayden McManus

National Day of Action against Bullying and Violence

Dear parents,

Sometimes, it can be difficult for parents or carers to know what to do when their child talks to them about bullying.

You are an important part of our work to prevent bullying and to respond effectively if it happens. Stopping bullying involves everyone.

If your child talks to you about bullying:

1. **Listen** calmly and get the full story. Your calm response is important to allow your child to tell you all about the situation. After they've told you their story, ask questions to get more details if you need to: who, what, where, when. Although you may feel some strong emotions about your child's experience, try to keep calm to avoid more distress to your child.
2. **Reassure** your child they are not to blame. Many children blame themselves and this may make them feel even worse. You could say things like, 'That sounds really hard to deal with. No one should have to put up with that.' or 'I'm so glad you told me. You should be able to feel safe at school; that's not fair at all'.
3. **Ask** your child what they want to do and what they want you to do. A critical part of your response is to avoid jumping in to solve the problem. While it is natural to want to protect your child, helping them to find their own solution is a better option. It helps them feel they have some power in the situation.

If your child talks to you about bullying:

1. **Listen** calmly to get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** www.bullyingnoway.gov.au to find some strategies.
5. **Contact** the school.
6. **Check-in** regularly with your child.

4. Visit www.bullyingnoway.gov.au to find some strategies. The website has tips and ideas for different bullying situations. One idea is to practise strategies at home to help your child feel more confident

5. **Contact** the school. Your child may be reluctant for you to do this, so discuss the idea and reassure them that the school would want to know and is able to help. Make an appointment to meet with your child's teacher. Contact the school immediately if you have a concern about your child's safety.

6. **Check in regularly** with your child. Keep the conversation going. It can take time to resolve issues, so check in regularly with your child about their experiences and their feelings. Your ongoing support is important.

BULLYING. NO WAY!
www.bullyingnoway.gov.au

Thanks for your support to make our school a great school for everyone.

Earth Hour is on 28 March 2015. Did you know that 1 in 3 Australians turn off their lights for Earth Hour? It's amazing—there's no other movement as large in this country. Visit <https://earthhour.org.au> to find out more.

Workies Junior Hockey Registration

Registrations for the 2015 hockey season have now commenced.

All new and previous players welcome.

Juniors is a mixed competition- boys and girls from U7's to U15/17's.

If you require further information contact Kylie Holmes 0429003646 or Robyn Millar 0439418177 or email rob.mill07@gmail.com

Lithgow District Netball Association

NetSetGO is Netball Australia's introductory program for netball. It has been developed to provide children from the age of 5 to 10 years with the best possible introduction to Netball, ensuring enjoyment and continued participation within the sport.

Program commences Monday 4th May 2015 4pm-5pm for 10 weeks at Wang Indoor Stadium Cost is \$55. Please contact Kerrie on 0411607287

Lithgow Pony Club is looking for new members! Do you want to improve your riding skills while connecting with other local students? Lithgow Pony Club is accepting new memberships and would love to have you join us! Look us up on Facebook under 'Lithgow Pony Club' and send us a message, or contact club president Trish Cadalt direct on 0448 551 561. Whether you are a beginner or have been riding for years, we have an ability group to suit you and we look forward to seeing you on our beautiful club grounds!

Are you a parent of a 3 year olds in the Wallerawang/ Lithgow/Portland area?

The advertisement for Pied Piper Preschool Wallerawang features a green background with a white logo of a piper. Below the logo, it says 'WALLERAWANG' and 'Only 10 minutes from Lithgow'. There are three small photos: one of children playing in a garden, one of a child sitting on the ground, and one of a child in a yellow raincoat. To the right of each photo is a word: 'NATURE', 'NURTURE', and 'REAL PLAY'. At the bottom, it provides the address '18 Pindari Place Wallerawang 2845', phone number '02 6355 7440', email 'admin@piedpiper.ngo.org.au', and website 'www.piedpiperpreschool.com.au'.

This magic little preschool is a hidden gem... and the good news is....it has a few places left for 3 year olds on Mondays, Thursdays and Fridays.

Sound like what you need? Call today or call in to visit.

Lithgow Thistle Soccer Club

Lithgow Thistle Soccer club still require players in all age groups from Under 6 (Players must turn 5 this year) through to senior Ladies & Men. All Previous Players who did not attend Muster Day and are intending to play again this season, as well as any new players, please contact Lorraine Keay ASAP on 0419 621 426 or email thistlesfc@gmail.com if you are interested in playing. Competition starts Saturday 2nd of May.

EASTER FAMILY FESTIVAL

SAVILLE PARK

PORTLAND

Saturday

4th April 2015



Time: 11 am till 2 pm

Everything is FREE Everyone is welcome



Organized by People from the Christian Churches of Portland
RAINING – COMMUNITY HALL-PORTLAND CENTRAL SCHOOL

Mu Yeh Taekwondo



Do you want to improve your self-esteem, self-confidence, self discipline and general fitness? Learn the exciting Martial Art and Self-Defence system of Taekwondo! We cater for juniors, seniors, or the whole family! Mu Yeh Taekwondo specialises in street-wise, women's and children's self-defence. Enquire about our Little Dragons class for 4-6 year olds! Also, check out our Kick-fit fitness Class for adults. (no martial arts experience necessary)

After 15 years at Wallerawang, we have now moved to our fully equipped studio at Portland.

For more information phone Master Instructor Steve Ashbridge, 6th Dan Black Belt, on 0409 305 327. You can also visit our website at: www.muyehtaekwondo.com

Lithgow Storm JRLFC Muster Day

We are inviting any child wishing to play rugby league to join our club.

The Lithgow Storm has a team in every group from 6's to 16's. Our mini league training starts this Thursday 4:00pm at Lithgow Showground, that is for children 6 to 9 years of age. All the older age groups are training and anybody interested in playing can sign up on the nominated days or contact the club.

Children are able to sign up on Friday the 20th of March 5:30pm in the canteen area at the Lithgow Showground. Cost is \$100 per child they get their socks, shorts, training singlet and jumper to keep at the end of the season. Every child receives a trophy and we take children of all abilities, the main focus of our club is to teach children how to play the game and most importantly have fun.

Steve Brooks—President

Ph: 6351 2737 or mobile 0400 720 695

Family Day Care

Kelly Cafe family day care has limited vacancies available for 2015. This service is approved and registered with the Bathurst Family Day Care—CCBCCR and also offers before and after school care.

Please phone 0408 795 580 for more information.

Black Gold Crib Room Restaurant

Open for a Café Style Breakfast & Morning Tea

Or just a Cup of Tea or Coffee

Weekdays from 6:00am – 11:00am

Weekends from 8:00am -11:00am



Dinner Monday – Saturday 6:00pm