



# Wallerawang Public School Newsletter



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June 3 2015 Term 2 Week 7

## What's On? When?

Assembly  
Friday 9:10am  
\*Assembly  
Item KR & KL

Uniform Shop  
OPEN  
Mondays 2-3pm

Queen's Birthday  
Public Holiday  
Monday 8 June

SRC Pirate Day  
Fundraiser  
Friday 12 June

Western Region  
Cross Country  
Wednesday  
10 June

Advance Notice:  
Richardson Cup  
Wednesday  
24 June - Dubbo

Advance Notice:  
P&C Trivia Night  
Saturday 25 July

Advance Notice:  
School Fete  
Friday  
16 October

### From the Principal's desk

Dear Parents/Carers,

I am signing off at the end of this week again in my role as Relieving Principal. This has been a particularly busy time for me whilst I have tried to maintain my other roles in the school as to not let anyone down namely the delightful KL who I have continued to teach literacy to during the morning sessions. I enjoy the grounded feeling the class-room brings as we all learn together. A big thank you to my partners in crime **Ms Lang and Mrs Walsh**, it is a great team effort. I also wish to acknowledge **Mrs Brown** for taking on my Assistant Principal role and to **Ms Foster and Mrs Fraser** other members of the school executive who compliment the team. I have once again enjoyed the broader perspective across the school that this role brings and opportunities to work with all staff.

This week sees one of our students giving back to the community in a cause which is all too close to his own heart. As a two year old **Ben Seymour** was faced with a situation that no youngster should be when his mum Angela was faced with the most life-changing news; the diagnosis of aggressive breast cancer. At last week's Public Speaking competition Ben used the topic 'My Hero' to speak of this. Many in the audience last week were probably not aware of the significance of this truly emotive speech. Today Ben will cut his beautiful thick hair in aid of **Breast Cancer Research**. His hair will be used to make a wig for somebody's mother, sister, grandmother, aunty or niece that have had their lives changed through this debilitating disease. The school was able to support Ben at short notice as only Wallerawang Public can do by having a **Crazy Hair Day** with a gold coin donation and a whole school assembly. Many thanks to **Wallerawang Junior Rugby League** who have donated the proceeds of Monday night's raffle and to **Lithgow Men's Shed** who have donated \$70 to Ben as part of his fundraising for the **Breast Cancer Network**. On behalf of Ben and the school I would like to thank all those who have supported Ben and in turn those suffering from breast cancer. I am told that once the wig is made Ben will be contacted and told of the person who has benefitted from his hair. **Donations can also be made online. Go to: Breast Cancer Network Australia—Make a Donation or phone 1800 500 258.**





Last week we listened and celebrated in the achievements of those 3 children in each grade who made it to the **Public Speaking Finals**. Once again the boys and girls excelled and it was great to see the support of family members in attendance. We all know that Public Speaking is not easy, but a worthwhile skill to have and from the quality of those who presented, the future of Public Speaking at Wallerawang is in good hands. See page 6 for photos from the day.

A huge thank you is extended to guest judges **Mr Welsman** and **Mrs Pangas**, along with **Mrs Dick** who both organised the event with the support of **Ms Graham**. The day culminated in a lovely luncheon to present a very surprised and grateful **Mrs Pangas** with her **Service Medal** following her recent retirement.

On Friday Mrs Fraser and I had the pleasure of accompanying the **PSSA Boys Rugby League** team to Blayney to play in the 3<sup>rd</sup> round of the PSSA competition. Although the grounds were wet the rain held off for the duration of the game. The team had great support from family members and they played with persistence and skill, along with most important attribute of all - good sportsmanship. At Wallerawang we do try to give students as many opportunities as possible and encourage this particularly in their chosen sport. In saying this it is also a competitive competition and therefore this needs to be considered when picking a team and with game time. Historically PSSA teams are to give the older children in the school opportunities before they move to High School. Younger children given opportunities are picked on skill level and also to complement the numbers in the team with the understanding that they have several more years with the same opportunity. Many of the older boys themselves have been part of this process being in the shadows of the older and more experienced team members. The team consisting of players **Ben Fraser, Oscar Gordon, Cooper Nunan, Wade Fraser, Wil Jackson, Lachlan Taylor, Eamyn Quinn, Lachlan Schroder, Kye Cameron, Dane Hart, Bailey Brown, Wil Stockton, Byron Lamborn, Saezar Scanlan, Aidan Thomas, Lachlan Reilly, Donny and Roman Peters** had a convincing 20 – 6 win. Tries were scored by **Bailey Brown** (2) and **Lachlan Taylor** with a full field dash. We now move into the 4<sup>th</sup> round and play Bathurst small schools.



Once again a big thanks to **Chris Brown** for his on-going coaching of the boys, Tuesday and Thursday

mornings. Chris volunteers his time and without the likes of Chris these opportunities for our students would not be possible. Thanks also to Jason Nunan for being trainer on the day and offering advice to the boys through the duration of the game. We look forward to the next game on home turf.

This week we welcome Miss Dresser to 1/2W and Miss Stephens to 1/2K as part of their professional practicum from Charles Sturt University. I know that they will enjoy their time at Wallerawang and quickly feel supported as they learn all about the teaching profession.

Good luck to Ryan Neale who will next week trial for a place in the Western Region Golf Team.

Next Wednesday the following children; **Logan Ward, Charlotte Dunn, Lachlan Schroder, Lachlan Taylor, Cooper Giles, Ryan Neale, Wil Stockton and Sophie Clark** will travel to Geurie to run in the **Western Region Cross Country** trials. They are wished the best of luck in their respective age groups as they run against children from Western NSW.

Recently a survey was sent home by the P&C in reference to a day for the fete to be held. It has been decided on majority that it will be held on Friday 16<sup>th</sup> October – so save the date.

As advanced advice the Richardson Cup finals team from the Portland gala day will play in the 'finals day' in Dubbo on the 24<sup>th</sup> June.

Thank you to Woolworths and Deidre Field for the donation of Domino accessories. The children will certainly put these to good use.

As we head towards the end of term 2 this is a very busy time for teaching staff as they prepare reports for their students. Many hours are committed to these after school hours and on weekends in preparation.

As the week ends I am sure I don't have to remind you of the Queen's Birthday Public Holiday on Monday. Enjoy the extra day regardless of what you are doing.



**Jenny Lamborn**  
**Rlg Principal**

CANTEN ROSTER	
Thursday 4 June	Lorraine Bradford Rita Doalman
Friday 5 June	Jenee Taylor, Carina Carter, Casy Anthes
Monday 8 June	<b>Queen's Birthday Public Holiday</b>
Tuesday 9 June	Gabrielle Wardle Vera Foong
Wed 10 June	Julie Trestrail Glenda Schroder

**Student Emergency Information and General Permission Notes** - have been sent home with students. **THANK YOU TO THE MANY FAMILIES WHO HAVE REPLIED SO PROMPTLY.** If you are yet to return your forms, please take the time to carefully read all the information provided and return these forms to school via your child's teacher. The importance cannot be stressed enough for the school to have current contact details and information provided by you as to the decisions you make regarding the safety of your child. Please return updated forms as soon as possible.

#### **Lunch Order Re-usable Bags**

Lunch Bags are available for purchase from the front office or the uniform shop for \$8.50. These are a practical and environmentally friendly solution for ordering your child's school lunch.

#### **Clothing Pool**

Our school clothing pool is in need of donations of tracksuit pants in sizes 6 and 8. However, we will accept all donations of school uniform no longer required by you.

#### **Loaned Clothing**

In the event that your child comes home wearing clothing loaned from school, please remember to return these items, after washing, to the school office. Thank you.

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#### **P & C Trivia Night Fundraiser**

Keep the date: **Saturday 25th July**

Start getting your team of 8 together!

Cost: \$25 per person - this includes a light meal and night of non-stop-fun!

Tickets are available from the Uniform Shop on Monday afternoons between 2– 3pm.

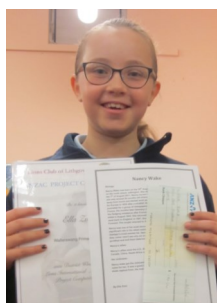




## Lions International ANZAC Project Competition 2015

At the beginning of Term 2, the **Lithgow Lions Club** approached Stage 3 to enter a writing competition about Nancy Wake. Nancy Wake was a New Zealand born spy that grew up in Australia before travelling to Europe and becoming Germany's most wanted female.

Stage 3 students were provided with time in class to research Nancy Wake and write about her life. The District Winner of the competition was **Ella Zorz**. Ella received the **District Winner** Certificate and \$150 prize money. **Matthew Hopkinson, Lisa Su, Sophie Clark, Chloe Edwards and Macayla Lamb** all received **Highly Commended** certificates and \$20 prize money. **Congratulations** to these students on your outstanding research on Nancy Wake aka 'The White Mouse'.



## Uniform Shop

The uniform shop will be placing orders with their suppliers on Friday 12th June. Please check your child's uniform needs and place your orders prior to this date. If you would like a fully lined spray jacket please send in an order form as the uniform shop does not carry a large number of these.

## New Uniform Item

New to our school uniform is the option of a **Polar Fleece Vest**. The school crest is featured on the front and it has a full front zip.

**Priced at \$20.** A great addition to our uniform. A Uniform Order Form has been included in this newsletter.



## Pirate Day SRC Fundraiser

On Friday 12th June, the SRC will host a Pirate Day to help raise money for brain cancer. We were recently contacted by the father of a little boy who is

undergoing treatment for a form of aggressive brain cancer. His family has contacted schools all over NSW to ask for their participation in a special Pirate Day where all monies raised can go to towards brain cancer research and help raise awareness for this cause.

On Pirate Day students and staff are asked to come dressed in a pirate outfit. The students are asked to bring a gold coin donation for coming dressed as a pirate on this day. Children must wear school uniform if not dressing up as a pirate.

Students will also have the opportunity to purchase an eye patch which they can decorate themselves and use on the day. Patches are supplied by the organisation and will be sold in week 8 for 50c each and can be purchased at lunch times from the SRC. It will be a wonderful, fun day whilst also raising money and awareness for a great cause. Please start organising your costumes!!!

The SRC and Mrs Fraser



Nutrition Snippet

## The simplest way

...to eat well and prevent disease.

*Did you know that eating the right amount of fruit and veg can lower your risk of cancer by 5-12 percent? Yet most adults don't eat enough of either, particularly veg.*

**Try to add fruit and veg to every meal:**

- Add chopped bananas or strawberries to your brekky cereal
- Add some sliced tomato on your toast
- Munch on some carrot or cucumber sticks at morning tea
- Add legumes like kidney beans or chickpeas to your salad at lunch

**Remember! Aim for two serves of fruit, and five serves of vegetables – every day!**



For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



## Year 6 Fundraising

**Thank you** to the many families who have supported our Year 6 Fundraiser of **Billy G's Gourmet Cookie Dough** and have got their orders in.

Cookie Dough will need to be **picked up** from school on **Thursday 18th June** between **2pm and 4pm**.

**Funds raised will go towards Year 6 departing gift to Wallerawang Public School.**

## Library News

**WANGS BIG BANG** for Term 1 is now available on the school website and for purchase at the front office. Cost is \$4.00. Get your copy now!!

Mrs Nancarrow Teacher/Librarian

## Book Club

Scholastic Book Club order forms went home with students on Monday. All orders are **due back** at school by **Tuesday 9 June**.



Nutrition Snippet

## The simplest way

...to get your kids eating more fruit and veg.

Fruit and veg are one of the most important parts of a healthy diet. They're full of nutrients, fibre and vitamins – and should be part of every meal. If you have a fussy eater, try:



- **Cutting fruit and veg into small pieces** – some kids prefer their food in smaller pieces
- **Serving raw vegies** – young children often prefer raw to cooked vegies
- **Being patient** – kids take an average of eight times to try something new!
- **Be a role model** – children like to copy their parents, so make sure you're eating plenty of fruit and veg
- **Get your kids involved** – ask your children to pick their fruit and veg out each day, so they feel in charge of what they eat.

**Remember! Aim for two serves of fruit, and five serves of vegetables – every day!**

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



## Lithgow High School Year 7 2016

Year 6 children who submitted an expression of interest (EOI) with **Lithgow High School for enrolment in Year 7 in 2016** have now received an enrolment package to proceed with the formal enrolment application process. Parents and carers are asked to complete the enrolment application forms and additional consent forms and return to Wallerawang School office by **Friday 5<sup>th</sup> June**.

If you haven't yet submitted an EOI for your child for Year 7 enrolment, please contact office staff for assistance.

## Lithgow High School - Year 7 2016 Extension/ Enrichment Class

The enrichment class focuses on challenging and extending students. It is taught by a team of teachers (in core subjects) whose brief is to develop independent learning skills and engagement with learning. The teaching team will regularly review student progress to ensure that the aims of the class, and the needs of students, are being met. This class is not designed to grade students on ability. Rather, it is concerned with learning styles.

If your Year 6 student is interested in applying for a position in this class please see Mrs Fraser for assistance with the completion of the nomination form.

'Application for Entry into the Extension/Enrichment Year 7 Class for 2016' have been sent home with students.

## Homework planner

Kids and families run more smoothly when there's a plan - so print out our 2015 homework and study calendar, which includes key dates and school holidays.



Find out more: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/2013-homework-planner>





# Public Speaking Finalists

**congratulations!**



Our Judges; Mrs Dick, Mrs Pangas and  
Mr Welsman





# Assembly Week 6





# Assembly Week 6





## Key points to remember around schools

### 6

#### Driving and parking safely near the school

School opening and closing hours are busy times for pedestrian and vehicular traffic outside the school.

Always take extra care in 40km/h school zones, which operate on gazetted school days.

Park safely even if it means walking further to the school gate.

Observe all parking signs. They are planned with children's safety in mind.

NEVER double park as it puts children at risk.

Model safe and considerate behaviour for your child – they will learn from you.

Slow down near the school crossing.

At a supervised crossing, observe the directions of the school crossing supervisor.

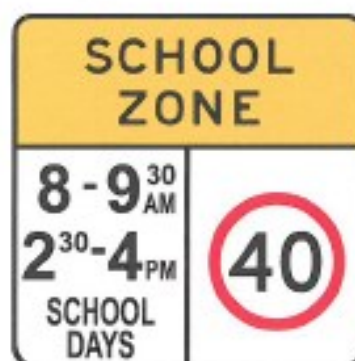
Always park and turn legally around the school. **Avoid dangerous manoeuvres** such as U-turns and three-point turns.

Always **give way to pedestrians** particularly when entering and leaving driveways.

Avoid parking across the school driveway or the entrance to the school car park.

Using your school's drop off and pick up facility will help keep all children as safe as possible during the busiest times of the school day.

Avoid parking in or near the school bus bay.



For the latest penalties – fines and the loss of demerit points – visit [rms.nsw.gov.au](http://rms.nsw.gov.au)

For more information visit  
[roadsafety.transport.nsw.gov.au](http://roadsafety.transport.nsw.gov.au)



Transport  
for NSW

Centre for Road Safety



Lithgow Information  
and Neighbourhood Centre

# **“I’ve got a Teenager!?”**

*A 4 week Parenting Program Group*



## **Tools for Parents, Grandparents and Carers of Teenagers**

- **Building resilient teenagers**
- **Adolescent development**
- **Positive Parenting tips**

**Where: Portland RSL Club** Conference Room, 10 Wolgan Street  
Portland

**When: Commences on \*27<sup>th</sup> May \* 3<sup>rd</sup> June (No Group on the 10<sup>th</sup>  
June) \*17<sup>th</sup> June and \*24<sup>th</sup> June**

**Time: 10AM- 12PM**

**Cost: \$5 registration paid at pre-group interview.**

**Facilitator: Meg Benson- LINC Adolescent and Family Counsellor, qualified  
facilitator in Teenage Positive Parenting Program (PPP) for Parents of  
Teenagers, Resilience Doughnut Model and Rage Program Facilitator**

**Call Meg on 6354 5912 to book a spot**



# Wallerawang Public School Uniform Order Form

Uniform Shop Opening hours: Monday 2pm-3pm.

Orders or lay by payments can be left at the office outside of shop hours.

Students Name.....Class.....Date.....

Parents/Carers Name.....Phone.....

Description	Colour	Sizes available	Price	Size	QTY	Total
Polo Shirt	sky	4-16	\$23.00			
Shorts	navy	4-16	\$15.00			
Girls Skorts	navy	4-16	\$20.00			
Girls Bootleg Pants	navy	4-16	\$29.00			
Track Pants	navy	4-16	\$26.00			
½ Zip Polar Fleece Jumper	navy	6-16	\$30.00			
Fleecy Sweat Jumper	navy	6-16	\$32.00			
Sports Jacket	navy	4-16	\$35.00			
Polar fleece full zip vest	navy	4-16	\$20.00			
Jacket - fully lined	navy	6-16	\$35.00			
Bucket Hat	navy	s-m, m-l	\$13.00			
Polar Fleece beanie	navy	one size	\$10.00			
TOTAL OF ORDER						\$
Lay by deposit	Minimum \$10					\$
Balance						\$

Please note: money must accompany your order. All cheques should be made payable to the "Wallerawang / Lidsdale P&C". Orders with correct money or lay by payments can be left at the office outside uniform shop times. Lay-by terms are minimum \$10 non refundable deposit and instalments are to be made at least

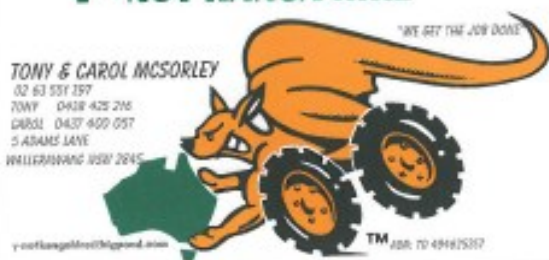
fortnightly with the

lay by to be completed within 10 weeks.

Prices effective from 3/06/15

## Y - NOT KANGA HIRE

TONY & CAROL MCSORLEY  
02 83 531 157  
TONY 0438 425 216  
CAROL 0437 400 057  
5 ADAMS LANE  
WALLERAWANG NSW 2845



yourkangadirect@bigpond.com

**Black Gold Crib Room Restaurant**  
Open for a Café Style Breakfast & Morning  
Tea

Or just a Cup of Tea or Coffee  
Weekdays from 6:00am – 11:00am  
Weekends from 8:00am -11:00am



*Dinner Monday - Saturday 6:00pm*

## Mu Yeh Taekwondo



Do you want to improve your self-esteem, self-confidence, self discipline and general fitness? Learn the exciting Martial Art and Self-Defence system of Taekwondo! We cater for juniors, seniors, or the whole family! Mu Yeh Taekwondo specialises in street-wise, women's and children's self-defence. Enquire about our Little Dragons class for 4-6 year olds! Also, check out our Kick-fit fitness Class for adults. (no martial arts experience necessary)

After 15 years at Wallerawang, we have now moved to our fully equipped studio at Portland.

For more information phone Master Instructor Steve Ashbridge, 6th Dan Black Belt, on 0409 305 327. You can also visit our website at: [www.muyehtaekwondo.com](http://www.muyehtaekwondo.com)

# Winter



# Appeal

Winter is a hard time for many.  
To lighten the load of those in need, we are collecting donations of non-perishable food, clothes and toiletries.

There is particular need for:  
**Non-perishable food** (Long life milk; Meals in tins; Cans of tuna; Pasta packs and sauces; Rice and pasta; Spreads; Tins of vegies; Soup; Coffee and tea etc.)  
**Daily basics** (toiletries, nappies etc.)

**When:** Saturday 13<sup>th</sup> June  
**Location:** Please bring your donations to St Paul's Lithgow (Roy St) 8:30-11:30am or to St Stephen's Portland (Willewa St) 9am-11am.  
If those times don't work, contact the office to drop items off 6351 3070 or [office@lpchurch.org.au](mailto:office@lpchurch.org.au)

## Wallerawang Bowling Club

### Coming Events for July

Saturday July 4 – Christmas in July. West Brothers Performing from 8pm.

Friday July 10 – Nuthin' 2 Serious Performing from 8pm. Remember Friday Nights are our main raffles night with 20 meat trays and other great raffles items up for grabs. Wallerawang Junior League have locked in to running their own fundraising for that night.

Saturday July 25 – Wallerawang Public School Trivia Night – 6pm. This is traditionally a great night! Please support the school and book a table.

Remember to support the club that supports you!!!

### For Sale

#### Colorado shoes— NEW!!

2 x pairs of black elastic sided shoes — Size 6  
\$140 FOR BOTH  
And  
1 x pair black lace-up — Size 9  
\$90  
Call: 0437 400 057

