

## Wallerawang Public School



#### **Important Dates**

Newsletter Term 1, Week 6-8th March 2019

March 2019	
Thurs 14th	LHS Science Stge 3
Thur 14th	PSSA Western Swimming Dubbo
Fri 15th	National Day Action Against Bullying & Violence
Tue 19th	Richardson & Peachy Rugby League @ Portland Western Soccer Boys -Parkes Girls—Dubbo
Wed 20th	Hockey Gala Day Lithgow
Fri 22nd	Ride to School Day
Fri 29	SCHOOL. Photo Day

Acting Principal: Mrs Jenny Lamborn
Assistant Principal Early Stage 1/Stage 1: Mrs Amanda Brown
Assistant Principal Stage 2: Mrs Katrina Foster
Assistant Principal Stage 3: Mrs Katrena Fraser

#### Dear Parents/Carers,

As we reach the end of week 6 the fast pace of school life continues for us all. Students have settled into daily routines which is a reflection of staff boot camping in the early weeks to establish routines. We continue to focus on our school vision: Learners are supported in becoming independent, self-regulated respectful, safe and responsible citizens in a complex and ever changing world. Shared beliefs and understanding drive our direction in teaching, learning and leading in a culture of high expectations and positive partnerships.

#### Welcome to Kindergarten Assembly

It was wonderful to formally welcome our Kindergarten students for 2019 and have family and friends in attendance to celebrate the commencement of 7 years of schooling.

#### **Sporting Representation**

Congratulations to all our students who have been involved in sporting trials as part of the Lithgow District and to students who have been selected to participate at the next level in swimming, basketball, tough football, soccer and rugby league. We always have students willing and capable to trial who always demonstrate outstanding sportsmanship.

77 Barton Avenue, Wallerawang NSW 2845 PO Box 21, Wallerawang NSW 2845

Phone: 6355 1210 Fax: 6355 7003

Website: www.wallerawan-p.schools.nsw.edu.au Email: wallerawan-p.school@det.nsw.edu.au

#### Kindergarten 2019

At our assembly on 22nd February we welcomed our 2019 Kindergarten class.

There are 39 boys and girls all bright and cheerful, who have joined the supportive Wallerawang School community.

They have kind and caring teachers, the best in the district without a doubt, Miss Reid and Mrs Dogger know their stuff, they can recite the syllabus back to front.

We are lucky to have a helping hand in both of the classrooms to assist with the busy schedule. Mrs Milliss and Mrs Clark are the SLSO's who clean up the mess and keep the teachers at their best.

We know your journey at Wallerawang will be full of learning experiences and happy memories with your friends and teachers.

The next 7 years we look forward to seeing your involvement in the school, from the challenges of the curriculum to the sporting field or your creative endeavours. There is so much on offer to make you the well-rounded students of Wallerawang Public.

Remember dear parents as you pack your sanity into your child's school bag; they are only leant to you for a short time. Cherish each moment as the years slip by as it will not be long and they will be in High School.

I hope you know what a great place this is where we care for each other and work as a team - students, teachers, parents, community all working together with a common purpose.

We look forward to our time spent with you in a sea of blue uniforms and 3 school expectations, where everyone looks after each other and the true Wang spirit is a force to be reckoned with.

Let's give all our little ones a warm Wallerawang WELCOME!

Mrs Lamborn

#### Jai McMillan

Congratulations to Jai McMillan who is our first student of 2019 selected to play in a Western region team. Jai was selected to represent in his chosen sport of basketball. As a talented basketball player and member of the Lithgow Lazer's team Jai is not a stranger to representative sport. Last year Jai was named as a reserve for the team and has this year he has rightly taken his place to play against the State's best in Maitland. Jai will be the recipient of the Allan Beecroft sports award in acknowledgement of his selection.



#### Gorrie Ban

Thank you to Miss Coady and the school choir for contributing to our community by entertaining for Gorrie Ban. Gorrie Ban is a voluntary organisation and is a place of companionship in a happy and caring environment. I have been told that the audience was moved to tears by Miss Coady's and choir's rendition of Country Road – Wallerawang. Giving to the community is such an important way of acknowledging residents for the contribution they have made over many years. This teaches our students visible kindness.

#### **Home Program**

As part of our continued focus on Aboriginal Education Wallerawang PS led by Miss Coady, we have applied and been successful in the Home Program. This program provides all students with opportunities to develop deeper understandings of Aboriginal histories, cultures and languages. The program aims directly align with the NSW Department of Education Aboriginal Education Policy. This year it will be run in 29 NSW Public Schools in the Wiradjuri as well as Kamilaroi/Gomeroi language areas focussing on 5 Aboriginal artists. It will run over three terms involving digital leaning and visits to art galleries resulting in an exhibition of student's works in four regional art galleries. We are very excited to be on this journey during 2019 and look forward to the positive partnerships and opportunities it creates.

#### Acknowledgement

The little things in life matter. A warm cuppa and a cream cake acknowledges the staff for their ongoing commitment and dedication to our students and school community. A leader cannot do their job without the support of an amazing team. Go WANG!



#### **Grandparents Morning and Book Fair**

I hope that our valued and cared for Grandparents enjoyed today's celebration with Grandchildren. These events are important in us recognising the important contribution you make your little ones lives and to that of your families. My sincere apologies for not being able to attend unfortunately training was scheduled for me to attend as a Principal after the day was confirmed. I know that you were all in good hands with the committed staff and P&C who have worked hard to ensure this was a special event for you all to enjoy. This is a favourite of mine given to me by mum.

A Grandma's Poem, by Donna M. Bussey.

It seems that grandmas always need
A little one to hold;
To kiss and love, with all their heart,
To shelter from the cold.

It gives me so much pleasure
When you sit upon my knee,
To know as I grow older
You will always keep me company.

I'll tell you lots of stories;
I'll sing you lullabies,
and you will know I love you more
With each beautiful day that goes by.

I used to hold your mummy and hug and kiss her, too.

I love her very much, you know the same way she loves you.

I used to wish that she could stay
My baby all her life,
But God intended for my little girl
To grow up to be a mummy and a wife.

And that's why He makes grandchildren:

To fill the empty gap.

It would be such a lonely world without you.

Come sit on grandma's lap.

#### National Day of Action Against Bullying & Violence

Next Friday 15th March Is National Day of Action Against Bullying. Students have been and will be involved in activities during week 6 & 7 across the school. Three of our school leaders Millie Francis, Marijke McLoughlan and Lillian Reeve have been involved in a combined day with other local schools where together they created an Oath of Kindness that will be shared.

#### **Professional Learning**

As part of our journey of school improvement and building teacher capacity staff have been engaged in Professional learning opportunities. This week Mrs Dogger has provided teacher training in Guided Reading and using Running Records to inform teaching. We are very fortunate to have the expertise of Donna in our school to support and guide others in the teaching of reading.

#### Reminders

A reminder that our school wide expectations are safe, responsible and respectful. Students are reminded that they are to follow these at all times to ensure that everyone has optimal learning time.

Please remember safety around our school is paramount in ensuring that our students are safe. This means that you need to keep a safe speed as you are entering and leaving Lake Wallace and that you are not driving over any footpaths to park.

Have a great fortnight

Jenny Lamborn
Acting Principal

### **Star Class for Weeks 3&4 5/6 Red**

5/6 Red have been Respectful, Responsible and Safe students in our school



Congratulations 5/6 Red

### Star Class for Weeks 5&6, K Lime

Congratulations K Lime for being Respectful, Responsible and Safe students in our school.



Congratulations to Kara Handly (Yr7), Indiana Staines and Karma Spence for their creative artworks which won them a placing at the Rydal Show this year. Student's artworks and colouring competitions will also be on display at the Lithgow Show on Friday 15th & Saturday 16th March.



#### District Touch, Soccer and Rugby League Trails

Congratulations to the following students who were selected last Friday to represent the Lithgow District at the Western Area Trials.

**Football (Soccer)**: Joshua Doalman, Bailee Honeysett and Madison Dobson. Soccer Trials will be held next Tuesday 19<sup>th</sup> March (Boys in Parkes and Girls in Dubbo). We wish you all well.

**Rugby League:** Curtis Brown, Ned Alexander, Bryce Carter, Mitchell Desch, Ty Hanrahan, Cooper Milton and Cody Phillips. Rugby League trials will be held in Dubbo on Monday 8<sup>th</sup> April.

**Touch Football:** Macy Brown, Kelsie Handley, Jarah Café, Ellablu Boyling, Bryce Carter, Ty Hanrahan, Cody Phillips.

Soccer and Rugby League notes have been distributed. Rugby League notes to be returned by 25<sup>th</sup> March to confirm availability to attend the trials. Touch Football notes will be distributed later in the term.

Donna Dogger

#### **Lithgow District Netball Trials**

On Friday 23<sup>rd</sup> February our girls participated in district trials for netball at the Wallerawang Indoor Centre. Our girls participated with great sportsmanship, ability and spirit for the game. Congratulations to Jessica Gearside, Kelsie Handley, Phoebe Milne, Abbey Taylor, Millie Francis, Macy Brown, Ashton Bullock, Mia Hamilton and Jarah Café who were all successfully selected in the Lithgow District PSSA team. Ellablu Boyling and Lillian Reeve were selected as shadow players, meaning if any of our students were ineligible to participate, they would chosen next. Our girls will now travel to Dubbo on Thursday, 30<sup>th</sup> of May for the Western Area Netball trials. Congratulations girls!

#### **Lithgow District Basketball Trials**

On Friday, 23<sup>rd</sup> February our boys and girls participated in district trials for basketball at the Wallerawang Indoor Centre. Our students participated in a number of drills based activities, highlighting the key skills of basketball before progressing to games.

Billy Taggart, Ned Alexander, Curtis Brown and Jai McMillan were successful in their selection for the Western trials. Unfortunately. Ellablu Boyling was not selected to progress to the Western trials, but she should be proud of her efforts.

#### **Western Region Basketball Trials**

On Monday 4<sup>th</sup> of March: **Billy Taggart, Ned Alexander, Curtis Brown** and **Jai McMillan** travelled to Cowra to participate in the Western Region Basketball trials. The best basketballers in Western region participate in these trials and our boys should be proud of their efforts. Through drills and games over many hours, our boys had their skills and game knowledge tested. Although all our boys would have got something out of the day whether it be skill acquisition, game sense or new friendships, it is with great pleasure to report that **Jai McMillan** was successful in Western Region selection, going one better with his selection as a shadow player last year. Well Done boys and congratulations Jai in being our first Western representative for 2019.

#### **Western Region Swimming**

All the best to Jessica Gearside, Bronte Anthes, Lilly Dellabosca, Macy Brown, Ellablu Boyling, Lowan Francis, Curtis Brown, Brodie Carter and Max Alexander who have qualified for the Western swimming trials to be held at Dubbo on Thursday, 14<sup>th</sup> March. We know you will do our school and district proud!

Mr Campling
Sport Coordinator

## YEAR 6 CAKE STALL TUESDAY 12TH MARCH











Scripture Classes Commence Tuesday 12th March. We welcome all our lovely Scripture Teacher's back for 2019

### Wallerawang Public School Student Wellbeing

This week's school wide focus is:

#### Travelling on the bus

Focus: Afternoon routines and bus safety

In Week 6 and 7, all students will practise the procedures and expectations of travelling on the bus.

#### Important rules to remember:

#### Be Respectful when lining up and travelling on the bus:

- Follow instructions of staff, bus line leaders and the bus driver
- ✓ Use good manners, please and thank you

#### Be Responsible when lining up and travelling on the bus:

- Walk straight to your bus lines
- Quietly talk with your friends in bus lines
- ✓ Have your bus pass ready to show the bus driver

#### Be safe when lining up and travelling on the bus

- Sit down in you bus lines
- Find a seat and sit down
- ✓ If the bus has seat belts you must wear them
- ✓ Talk quietly with a friend
- Remain seated until the bus has stopped
- Report problems immediately

#### Parents - you could talk to your child about the importance of:

- Bus safety
- Following instructions

Parents please remember to contact the bus company to report any Hey Kids, Welcome Aboard









SAFETY

FIRST



## The simplest way

... to get kids involved in packing a healthy lunch box.

Getting kids involved in selecting – from healthy choices – what they would like to eat at school means they are more likely to eat what's packed in the lunch box.



Visit <u>healthylunchbox.com.au</u> and use our <u>interactive lunch box builder</u> with your children to plan a healthy lunch box.

Kids can choose lunch box foods from the pictures in each of the food groups to pack a healthy lunch box they will enjoy.

To help you plan for the week ahead, saving you time and money, you can email or print the lunch boxes your children pack online along with personalised tips and recipes.

healthylunchbox.com.au



HEALTHY

## The simplest way

... to choose foods for the lunch box

Pick one food from each food group:

Breads & Cereals: rich in carbohydrates, the body's preferred source of energy – perfect for kids to play and learn all day.



Vegies & Salads:

high in fibre and packed full of vital vitamins and minerals to boost health and help maintain a healthy weight.

Meat & Alternatives: rich in protein, iron and zinc.

Dairy: important for growing healthy bones and teeth.

Fruit: naturally sweet and refreshing the perfect snack for growing bodies.

For simple ideas on foods from each group visit healthylunchbox.com.au

healthylunchbox.com.au





## The simplest way

... to get kids excited about eating veg!

With only 5% of NSW kids eating enough vegetables, Cancer Council supports this great initiative linking vegetables to fun times!



Join hundreds of primary schools across NSW this term and register for Vegetable Week & The Big Vegie Crunch, Monday 1st to Friday 5th April, 2019.

Help break the record for the largest number of children eating vegetables simultaneously. More than 50,000 children crunched together in 2018. Let's smash this number in 2019!

For more information visit healthy-kids.com.au

healthylunchbox.com.au





## The simplest way

... to keep Easter fun whilst making it healthy.

Easter can mean many things.

#### Easter bunny:

- Eat what bunnies eat, try some carrot filled recipes such as 'carrot cake oat biscuits'
- Decorate pancakes with fruit to make a bunny face.

#### Easter eggs:

 Paint hard boiled eggs with food coloring - the perfect family activity and healthy snack.

#### Chocolate:

 Include other sweet treats in celebrations such as 'apple and date bliss balls'

#### Family celebrations:

 Check out <u>healthylunchbox.com.au</u> for recipes the whole family will enjoy.

healthylunchbox.com.au

**SunSmart Snippet** 



## The simplest way

... to choose a SunSmart hat

A SunSmart hat not only protects the face, head, neck and ears, it can also reduce the amount of UV radiation reaching the eyes by 50%.



#### CHOOSE a SunSmart hat:

- Broad-brimmed hats
- Bucket hats
- Legionnaire style hats

Baseball caps and sun visors do not protect the cheeks, ears and back of the neck and are not recommended.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to <a href="www.sunsmartnsw.com.au">www.sunsmartnsw.com.au</a>



#### **National Ride2School Day Advance Notice**

It is National Ride2School Day on Friday 22nd March.

National Ride2School Day is Australia's largest celebration of walking and riding to school. It is also a chance for new riders and their parents to experience riding and walking to school for the first time. Even if you don't live close to the school, you may be able to organise to walk or ride part of the way.

For their safety, Stage 1 students should always be accompanied by a parent or carer if they ride or walk to school.

All students who ride a bike or scooter to school are reminded that they must wear a helmet and that they must dismount and walk across the crossing under the direction of the crossing supervisor.

Students who participate will receive a **National Ride2School Day sticker** upon arrival at school and will get a taste of the benefits and fun involved in choosing active transport.

#### UNIFORM SHOP

Uniform Shop will be open.

Even weeks on Thursdays between 2-3pm

#### **Book Club Information**

All orders are now completed online in **'LOOP'** (Linked Online Ordering & Payment) system for parents/carers allowing you



to place an order and make the necessary payment. Go to **scholastic.com.au/LOOP** for this option.

The school earns reward points for each order placed and these points are converted throughout the year to add new books to our school Library. Please note: All books/items ordered will be forwarded to the school approximately 1 week after the closing date and then sent home with students.

# 2019 School Contributions are now due \$30 FOR ONE STUDENT \$60 FOR A FAMILY

CANTEEN ROSTER		
MARCH		
Mon	Kay Buttigeg	
11th	Sue Giokaris	
Tue 12th	CLOSED	
Wed	Kristy Collins	
13th	Evelyn Staff	
Thur	Closed	
14th		
Fri 15th	Glenda Schroder	
	Kayla Duggan	
	Kylie	
Mon	Nicole Case	
18th	Kylie Archer	
Tue 19th	CLOSED	
Wed	Kerry Brown	
20th		
Thur 21	CLOSED	
Fri 22nd	Jenne Taylor	
	Kasy Anthes	
	Karina Carter	

#### **COMMUNITY NOTICE BOARD**

#### **Zumba with Leanne**

Strong by Zumba Tuesday 5.3opm-6.3opm

Kids Zumba Thursday 4.00pm-5.00pm

Zumba Thursday 5.3opm-6.3opm

Classes held at Cooerwull Public School Hall, 319 Main St Lithgow.

Cost is \$10 per class or \$90 for a 10 visit pass.

Instructor: Leanne Howell

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# ASSEMBLY WEEK 6 GRANDPARENT'S DAY

