# **Broken Bay Excursion Important Information**

Wow! We are so excited. Our major excursion to Broken Bay is very soon and we need to start getting a few things ready in preparation for the camp.

#### Please read the information below carefully as it will ensure everyone is ready for camp. Hopefully it will answer all of your questions and help you get ready for the excursion. If you have any further questions, please contact Mrs Fraser.

#### What time do I need to be at school on Wednesday (7/11/18) morning?

5:45am <u>sharp</u> on Wednesday 7<sup>th</sup> November. The bus will be leaving at 6:00am and we cannot wait for people who are late otherwise we will miss our ferry. We need enough time to load our bags, mark the rolls and give our goodbye kisses and hugs.

#### What time will we get home?

We expect to arrive back at school at approximately 5:30-6:00pm on Friday 9<sup>th</sup> November. Mrs Fraser will post an update on the school Facebook page to let parents know if we will be on time.

#### What do I need to wear on the excursion?

You will need to wear your <u>school uniform to and from the camp</u>. Whilst you are at camp you are able to wear casual clothes that are suitable for the active timetable that we have planned. These include activities such as bushwalking, ropes course, archery etc.

#### I get travel sick!

If you get travel sick can you please let your teacher know before getting on the bus so that we can seat you up the front and down the bottom part of the bus. You may need to take a travel sick tablet before we leave and if you need a travel sickness tablet for the journey home please give it to Mrs Fraser in a labelled envelope. You will need to let a teacher know straight away if you are feeling unwell on the trip. The teachers will also have little bags just in case you need to use them.

#### Do I need any food or drinks?

You will need to bring morning tea, fruit break and a drink for Monday. The camp will supply the rest of the food whilst at camp. You may wish to pack something in your bag to keep for our break on the way home. You cannot bring lollies to eat at camp but you may bring a couple for the trip to and from camp. You will not need to pack lots of extra food.

#### What if I need to take medication with me?

If you have any medication that you need to take you will need to ask your parent or carer to write you a note that states that they give the teachers permission to give you the medication. The note will also need to tell the teacher how much medicine to give you and how often. The note will need to be given to Mrs Fraser with the medicine on **Monday morning or prior to this if possible.** The teachers will also have a fully equipped first aid kit with them at the camp.

#### Will I get any free time?

You will get about 30 minutes each day. You will be so busy so it can be used to chill out with your friends, play a game or just have a rest! We will <u>not</u> be using the pool during free time as we already have other water activities planned on the excursion. The structured water activities will be fully and closely supervised and all students will be required to wear PFDs (life jackets – which are supplied) for these activities.

#### What activities will be doing?

At the moment we are waiting on a confirmation of activities back but it looks like we will be doing the following activities:

- Ropes Course
- Abseiling
- Flying Fox
- Marine Walk
- Archery
- Raft building and racing

Night activities at this stage include:

- Games night
- Disco

Please note that this may change, depending on the camp coordinators and weather.

#### Will I have to do any kitchen duties?

Yes! You are rostered on to help prepare the food, serve the food and help stack the dishwasher whilst you are away. You will need to help out on the excursion. Don't worry, you all take turns!

#### What time to do I need to get up each day?

Breakfast is at 8am so you will need to be up and ready to have breakfast by this time. Bright eyed and bushy tailed!

#### What time will I go to bed?

You will go to bed after the night time activities. We have a games night planned for the first night and a disco for the second night. Break out your dance moves!

#### Do I need to bring a pillow?

No, you do not need to bring a pillow as the camp will provide them. You will need to bring a pillow case to slip over the pillow. You need a sleeping bag OR set of sheets and the camp will keep you snug and warm by providing a doona.

#### Can I take thongs?

It is against camp regulations to wear thongs around the camp but you may bring thongs to shower in. You will not be allowed to wear them anywhere else.

#### How many bags can I bring?

You will need a backpack, suitcase and sleeping bag / sheets. We are only going for 3 days so we do not need to pack too much as we need to fit it all in the bus. You also need to remember that whatever you take, you will need to carry.

#### Will I be able to buy souvenirs?

Yes, on the last day you have the option to buy a camp souvenir. The camp limits the amount allowed to be spent to \$30 but there are plenty of souvenirs well under this amount.

#### What do I do with my money?

All students will be sleeping in dorm style accommodation so to help keep money safe each person will be asked to place all of their money into an envelope and labelled with their name and the amount of money inside. This will be collected at camp upon arrival. ALL money, including money for souvenirs and their money for McDonald's on the way home, will be placed into the envelope for the duration of the camp and returned to students on the last day to buy souvenirs and to purchase McDonald's.

#### Is there a food and toilet break on the way home?

We will have lunch at about 12pm before we leave the camp and won't be home until approximately 6pm. So yes, we will be stopping at McDonalds on the way home as you will probably be a little peckish after such a busy time at camp. You will need to put aside some money (approximately \$10) to purchase afternoon tea.

#### Can I bring a phone or device?

No. Phones and other devices are not allowed on the excursion at all. Any devices taken will be confiscated from the student and returned to the parent / carer when we return from the excursion. A camera is allowed but only in the form of a camera only (not a phone used as a camera) and will be taken at your own risk.

If anyone needs to contact a student whilst we are away they can contact the school who will get a message to Mrs Fraser or they can contact the camp office on 4349 0600. Please note that parents / carers should only contact the camp in emergency situations.

We can't wait for the excursion!!!

The Stage 3 Team



Please pay as soon as possible.

# Broken Bay 2018

# What to Pack

## Luggage

One piece of luggage, a sleeping bag and a small day backpack is recommended per child. These should be clearly marked with your child's name, address and phone number.

Remember, your child will have to carry their luggage so please ensure it's not too big or too heavy. Items needed on the bus such as fruit break, morning tea and a drink bottle should be packed in the backpack.

## Checklist

Please label all clothing, towels and sleeping bag with your child's name.

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans (for night time activities)
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Pyjamas
- Swimming costume and rashie shirt
- Sunscreen, sun hat and sunglasses
- Two pairs of running shoes (one old pair to wear that can wet in the water if necessary)
- Toiletries Bag soap, toothpaste, tooth brush, deodorant, shampoo, brush, face washer, hair ties girls,
- Lip balm and insect repellent (no aerosols)
- Two towels one for showering, the other for water activities
- Sleeping bag or set of single bed sheets
- Pillow Case
- Day backpack pack your fruit break, morning tea and drink bottle in this please
- Paper, pens or pencils small pencil case
- Plastic bags / garbage bag for dirty or wet clothes
- Medication (if required) to be labelled and handed to Mrs Fraser prior to departure
- Handkerchief or tissues
- Water bottle pack in back pack for the bus
- Morning tea and fruit break pack in back pack for the bus
- Up to \$10 for McDonald's on the trip home in a sealed envelope, labelled with your name and amount inside.

### Optional

- Camera this is your responsibility but phones / ipods etc are not allowed
- Up to \$30 for souvenirs